Lead Follow or Get out of My Way
@ McDowell Mtn. Park
Saturday, November 14, 2026
AERC Sanctioned Ride 30, 50 & 75 (75 requires a min 10 entries)
Also, a 12-mile Intro/Fun ride



Photo by Susan Kordish

Ride Manager: **Stephanie Palmer-DuRoss 602-770-5534 e-mail- luv4riding@aol.com**
Assistant Ride Managers: Taylor Pashong-Walck and Barbara Ann Clausen
Control Judges: Mark Anderson DVM and Cierra Geyer DVM

Entry: ***Preferred method of entry is online*** We request entries, waivers, and payments to be received October 31th, 2025. Mailed in entries will only be accepted until Oct 31th 2026. After Oct 31th 2026 online only and with a $25.00 late fee. We are offering a $20.00 discount for junior and young riders (**does not apply to fun ride**). There is an additional fee of $20.00 for Non-AERC members.

Cancellation Policy: Cancellations prior to 5:00 pm Monday November 9th, will receive a full refund. Cancellations after 5:00 pm Monday November 9th will be charged an administration fee of $25.00. A horse that does not pass initial vet exam will receive a refund minus an administration fee of $25.00. A no show- no call, will not receive a refund. Once the applicant starts the ride, the entry fee is not refundable. Ride Manager must be notified of cancellation by the start of the ride or no refund will be issued. Please allow 7-10 business days after the ride for a refund to be returned.

Trails: The McDowell Mountain Park trails are multi-use, well maintained with mostly good footing and minimal elevation changes. Each distance will travel through some rocky stretches as well as sand washes. We do recommend hoof protection. The 30 and 50 mile rides will have 1 vet check with a 1 hour hold in basecamp. The 75 mile ride will have 2 vet checks with two 1 hour holds in basecamp. All vet checks will be at base camp. We will designate a crewing area for riders that do not want to go back to their trailer during the hold.

Campsite: The Park gates will only be open from 6:00 am to 8:00 pm. If you have a situation that requires entry after hours contact Stephanie 602-770-5534. For Exit of the park the gate will open by sensor. Base camp is easily accessible and fairly large, but it can fill up. To ensure adequate parking for all, please use parking space wisely. There is horse water available for hauling, Park restrooms, and showers, but no RV hook ups. Pick up your manure, shavings and hay from your campsite. Per McDowell Mt Park's request we will provide a Dumpster on site. Please only use ride designated Dumpster for all trash and manure. If Dumpster is full, you must take it home with you! **No trash is to be left outside of the Dumpster**. Your campsite must be left spotless.

Park Fee: The daily park fee is $10.00 per vehicle or $22.00 for overnight camping paid directly to McDowell Mt Park at entry. We were able to retain last years prices but they have increased for 2026.

Location: The Park is located at 16300 McDowell Mountain Park Dr.MMRP, AZ 85268

30 mile ride: 7 hours and 15 minutes are allowed for completion of the Limited Distance ride. Your time stops when your horse's heart rate meets the finish criteria of 60 beats per minute.

12 Mile Fun Ride/ Intro ride: The 12 mile ride offers an opportunity for new comers to learn about Endurance. You will get to go thru the process of vetting your horse before and after your ride. Your equine must be 4 years old. Vetting will be available Friday 2:00 pm to 5:00 pm or Saturday 7:30am – 8:00am the day of the ride. The 12-mile ride must be completed in 5 hours elapsed time. Riders under 16 years of age must wear a helmet and be accompanied by a competent adult.

Junior Riders: All junior riders must wear a helmet at all times while on an equine and ride with an adult sponsor. Those juniors who qualify to ride without a sponsor must have appropriate paperwork from AERC. Junior and young riders will receive a $20.00 discount (**does not apply to fun ride**).

Rules and Regulations: This ride will be conducted in accordance with AERC: www.aerc.org

Sponsors: We are so fortunate to have **Lucian and Lori Spataro** to sponsor the rider's dinner. Lucian is Author or "The Long Ride". **Renegade Hoof Boots** "The World's Highest Performing Hoof Boots, Made in the USA. For more information about Renegade Hoof Boots go to Renegadehoofboots.com
Ride with GPS sponsored by the Arizona Endurance Riders Club inc. For more information go to https://azerc.org/

Meals: Friday rider dinner included in entry for all distances, extra tickets are available for $15.00.

Renegade Boot Raffle Single Boot raffle tickets $5.00 per ticket (dependent on ticket sales) or refunded if not held.

Awards: A completion award will be given to each participant who completes the ride including the Fun/Intro riders. We also have Top Ten, Junior, and Turtle awards for the 75, 50 and 30 mile ride. Please make sure you pick up your awards, we will not be mailing them out after the ride.

Photographer: *New* We are so excited to welcome **Laura Grob** who will be at the ride and her photography will be the completion awards. More info to follow, you can check out her work at https://lauragrobphotography.pixieset.com/

Dogs: All dogs must be on a leash at all times. Please pick up after your dog. NO DOGS ALLOWED ON THE TRAIL.

Weather: The weather for this time of month averages between 70 degrees and 90 degrees.

Sunrise: 6:30am **Sunset:** 5:25pm

Preferred method of entry is online

Mail in entry form by request only and must be received with payment by Oct 31th

PayPal payments are accepted if you use the friends and family option to avoid extra fees added to the ride for this convenience. Send PayPal payments to:luv4riding@aol.com

Venmo and Zelle payments are accepted as well. Venmo payment to @Stephanie-DuRoss

Online entry and Volunteer sign up available at:

https://form.jotform.com/90500166198153

Tentative Ride Schedule: Friday, November 13th

12:00pm-4:00pm Registration/Rider Packet Pick Up
2:00pm-5:00pm: Vet check-in (There will be no vet checks on Sat. morning no exceptions)
5:00pm: Dinner
5:15pm: Ride Meeting & New Rider Briefing.

New Rider Briefing
There will be an experienced local Endurance rider to provide information and will be available for questions immediately following the ride meeting Friday evening.

Tentative Ride Times: Saturday, November 14th

6:00am: 75 mile start
6:30am: 50 mile start
7:00am: 30 mile start
7:30am: Vetting for 12 mile fun riders only (that didn't vet in Fri)
8:00am: 12 mile fun ride start

Directions:

From East-Take highway AZ-87 to E. Shea Blvd, left onto E. Shea Blvd to N. Fountain Hills Blvd, go right; continue onto E. McDowell Mountain Rd (8 miles).

From North-Take I-17 to AZ-101 go East, turn left onto E. Shea Blvd, continue to N. Fountain Hills Blvd, go left, continue E. McDowell Mountain Rd (8 miles).

From South-Take AZ-202, to AZ-101 N. to Shea Blvd, go right onto E. Shea Blvd, to N. Fountain Hills Blvd, go left; continue to E. McDowell Mountain Rd (8 miles).

Follow us on Facebook: http://www.facebook.com/LeadFollowOrGetOutOfMyWayEnduranceRide

Lead Follow Or Get Out Of My Way Ride At McDowell Mt Park

November 11th 12th 13th and 14th 2026 Volunteer sign-up sheet

We need YOU!!!! Dependable Volunteers are the key to keeping our sport alive. This ride cannot happen without them. Below is a list of spots available. Please fill out, email or call me if you can help in any way. We need people for all these areas, this will directly impact the future of this ride.

Name _____

Contact info (phone or email)_____

Trail marking, un-marking, and Drag rider (BYO horse or Bike)

November 12th _____

November 13th _____

November 14th (Drag Rider) _____

November 15th _____

Vetting in Friday November 13th

Horse numbering 1:00 pm- 5:00 pm (1/2 people) _____

Vet Scribe 1:00 pm – 5:00 pm (2 people) _____

Ride day November 14th

Check point Dixie Mine 6:20 am-9:15 am (one Person) _____

Check point Maintenance Shed 7:15 am-3:00 pm (two people) _____

Check point Maintenance Shed 2:45 pm – 11:00 pm (two people) _____

Check point Pemberton road 6:30 am – 2:00 pm (1/2 people) _____

Check point Pemberton road 4:00 pm -12:30 am (1/2 people) _____

Lead Follow or Get out of My Way@ McDowell Mt Park Saturday November 12, 13, and 14th 2026
AERC Sanctioned Ride 30/50/75 Miles And a 12 Mile Fun/intro Ride
Participant, Volunteer and Veterinarian Release Form

I wish to enter and participate, crew, volunteer, or offer Veterinarian services in the Lead Follow or Get out of My Way ride to be held on November 14, 2026. I have read and understand the rules, conditions and regulations of this event and I hereby promise to comply with them.
In consideration of acceptance of my entry, participation, volunteerism or Veterinarian service in this event, I acknowledge the inherent risks involved in my activity, I assume those risks and full responsibility for my own safety.
I hereby, for myself, my heirs, and my personal representatives and any other person or entity who may assert a claim, release and waive any and all claims or cause whatsoever, against any and all persons and/or entities their shareholders, directors, officers, members, managers, agents and employees from any and all liability for personal injury, illness, disability, death or property damage arising from or relating to my entry, participation, volunteering or providing veterinarians services in this event. I SPECIFIALLY AND KNOWINGLY AGREE THAT I EXPRESSLY INTEND TO REALEASE the persons and entities, their shareholders, directors, officers, members, managers, agents, and employees from THEIR OWN NEGLIGENCE.
Additionally, without limitation, I hereby waive any right I may have now or in the future, to assert claims for personal injury, illness, disability, death or property damage against any of the persons or entities, heirs and assigns from liability for personal injury and property damage, and I waive my rights for claims for personal injury or damages against these persons or entities including: McDowell Mt Park, City of Scottsdale Sonoran Mountain Preserve, AERC, and all event staff, State of Arizona, and all other sponsors, their agents, representatives, employees, successors and assigns. This includes but not limited to Ride Managers, Ride Veterinarians, and Ride volunteers
I HEREBY certify that I fully understand that there are substantial risks associated with activities involving horses and endurance riding, and hereby freely assume the risk and costs that I or my assistants or crew may suffer from personal injury, illness, disability, death or property damage, including damage or injury to my horse, myself, or themselves by my participation in the event named above.
Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases and the Covid-19 agreement to participate.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Date: _____

Participant Name: _____

Signature: _____

Emergency Contact: _____

Telephone Number: _____

Minor Release:

MINORS MUST HAVE THE FOLLOWING SECTION SIGNED BY THEIR PARENT OR GUARDIAN IF UNDER 18 YEARS OF AGE.

We, the undersigned parent or guardian of _____ for and in consideration of our child's participation in the above referenced ride, do hereby release the following persons, corporation, heirs and assigns from liability for personal injury, illness, disability, death and property damage, and I waive my rights for claims for personal injury, illness, disability, death or damage against these persons or corporations including: McDowell Mt Park, City of Scottsdale Sonoran Mountain Preserve, AERC, and all ride staff, including but not limited to Ride Manager, Ride Veterinarians, and Ride volunteers and all persons under such child's direction and control. This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. We do further authorize any officer, manager, supervisor, or emergency personnel affiliated with the above reference ride, to consent in our behalf to any emergency medical treatment by a properly licensed person may be required for our child and do agree to be responsible for any related medical costs that may be incurred for the treatment of my child or their horse.

Name of Junior Rider: _____Age: _____

Birthdate: _____

Parent/Guardian Name: _____

Signature: _____