



Trace The Trails

Intro, 25/30 Mile LD, & 50/55 Mile

November 10th, 11th, & 12th 2023

SANCTIONED BY AMERICAN ENDURANCE RIDE CONFERENCE (AERC)

****Ride & Tie Fri & Sat *****

7 Mile, 15 Mile, 21 Mile

Ride Manager & Secretary: Kerry Lowrey, (337) 424-7074

(KareBearLowrey@hotmail.com)

Assistant Ride Manager: TBD

SS Rep: Tommy Robichaux (512) 826-7685

Head Control Vet: Dr. Carter Hounsel

Additional Vets: Dr. Dennis Seymore & Val Bixler

Treatment Vets: TBD

Start Times: 25/30, 50/55 TBD (Daylight on 50s), Intro: TBD (Usually 9am or later)

Jotform Entry will open October 7th. Watch Facebook page for the link!

(<https://www.facebook.com/groups/1976777672416859/>)

Fri: Intro, R&T, 30 Mile, 55 Mile

Sat: Intro, R&T, 30 Mile, 55 Mile, Equathon

Sun: Intro, 25 Mile, 50 Mile (Schedule on Page 3)

PRIZES: Completion prizes to all distances. Best Condition, High Vet, Top Ten, Midpack, Turtle, AWESOME Junior awards, First Time Riders, etc

*****There will be lights on the trail for riders who may finish after dark *****

Intros will be anywhere from 7 Miles to 15 Miles. Need to know before hand who wants to ride what distance and majority will win!! 😊

Directions To The Ride & Parking & Camping Details on Page 6

Trace The Trails Entry Form

Rider Name: _____ AERC# _____
Street Address: _____ City: _____
State: _____ Zip: _____ Cell Phone:(_____) _____
Home#:(_____) _____ Email: _____
Emergency Contact: _____ Phone: _____

(Circle one):

Shirt Size: YS YM YL S M L XL XXL Special Mileage Attempt? _____
Weight Div: Heavy (>210lbs) Middle (186-210 lbs) Light (161-185 lbs) Feather (<161 lb) Junior

If you are a junior the following must be completed:

Sponsor's Name: _____ AERC# _____
Emergency Contact: _____ Relation: _____
Phone: _____

Thurs: Horse: _____ Distance: **Intro**

Fri: Horse: _____ AERC # _____ Distance: **55 30 Intro**

Sat: Horse: _____ AERC# _____ Distance: **55 30 Intro**

Sun: Horse: _____ AERC# _____ Distance: **50 25 Intro**

Entry Fees: (Fee includes EVERYTHING!—Trail Access Fee, Camping, & AERC Drug Fee)

+ _____ **\$130 Entry (25/30/50/55)**

+ _____ **\$15 Non-AERC Member Fee (Do not pay if you are an INTRO rider)**

*Choose **ONE DISCOUNT ONLY**: Except for **Juniors** or **Intros**- they do **NOT** get a discount.*

-\$5 TERA Per Day Member TERA # _____

OR -\$10 Per Day Early Entry (Entry must be received by Oct 16th)

OR One Time: -\$10 Cash at Ride Discount, OR

-\$25 One Time Veteran Discount-- Branch Served in: _____

- _____

+ _____ **\$60 Intro Ride ****No Discounts Apply******

+ _____ **\$60 Junior Rider (LD or 50) ****No Discounts Apply******

_____ Total Check # _____ OR **CASH AT RIDE**

Checks will not be cashed until 48 hours AFTER the ride, CASH PREFERRED!!

Make checks payable to: **Kerry Lowrey**

Mail Payment, Coggins Copy, & Liability release to: Kerry Lowrey, 163 Fisher McConathy Rd.,
Anacoco, La 71403 or Email: KareBearLowrey@hotmail.com

Rider # _____ Check# _____ Amt Paid \$ _____

Trace The Trails Liability Release

Liability Release As a participant in the Trace The Trails Ride, I,

_____ agree to abide by the rules of AERC, TERA, and the Trace The Trail ride rules. I understand that endurance riding involves being in remote areas for extended periods of time, far from communication, transportation, and medical facilities, that these areas have many natural or man-made hazards which ride management cannot anticipate, identify, modify or eliminate: that horses can be excitable, difficult to control and unpredictable; and that accidents can happen to anyone at anytime. I agree to take full responsibility for myself and the animal I am riding. I will hold the ride management, all ride personnel, and all property owners over whose land the ride covers, blameless for any accident, injury or loss and free from all liability of such injury or loss that may occur due to my participation in the ride. I have read and understand this liability release.

Rider Signature: _____ Date _____

Junior Guardian Signature: _____ Date _____

Known Drug Allergies: _____

Medical Condition: _____

Please be courteous at all times and remember we are doing this for FUN!!!

Schedule:

Fri Riders Packet Pickup:

Fri, Sat, Sun Riders Vet In:

Rider Meeting:

Award Meetings:

After 2pm Thurs

After 3pm That Day

6:30pm? Thurs, Fri, Sat, **LISTEN FOR HORN!**

Fri/Sat 6 to 7 pm, 1 Hour after the last 50 has finished

On Sunday 1 hour after last rider finishes 25 & 50



Trace The Trails

Ride & Tie & Equathon Entry Form

◆ Fri, Nov 10th ◆ Sat, Nov 11th ◆

RIDER #1 INFORMATION		RIDER #2 INFORMATION	
Rider #1 Name:		Rider #2 Name:	
Street Address:		Street Address:	
City, State, Zip:		City, State, Zip:	
Phone #:		Phone #:	
Email Address:		Email Address:	
R&T #:	First Time R&T	R&T #:	First Time R&T

HORSE INFORMATION

Horse's Name:					Breed:			
Sex:	Mare	Gelding	Stallion	Age:				

Horse's Owner: *I will allow my horse to be tested for drugs.* Owner Initials _____

If pulled for metabolic reasons, horse will NOT leave base camp until released by a vet (Please initial below) Rider's Initials: _____

R&T 2023/24 membership \$30 for the rest of this year AND next year!

Fill out the membership form, and turn in at the ride or mail it in with your entry

<https://www.rideandtie.org/wp-content/uploads/2023/08/Membership-Form-080323.pdf>

RIDE & TIE DISTANCE/DAY (Circle The Day or Days)			
Equathon (Sat)			
7 Mile (Fri)	7 Mile (Sat)	\$100 (50 each) x _____ days	
15 Mile (Fri)	15 Mile (Sat)	\$100 (50 each) x _____ days	
21 Mile (Fri)	21 Mile (Sat)	\$120 (60 each) x _____ days	
Ride & Tie membership fee of \$30 for:		Rider 1	and/or Rider 2 x \$30 =
Fees are Total for the Team , If Paying Your half please note here:		Paying My Half:	
		Paying Full Cost:	
		TOTAL =	
▶▶ MAKE SURE TO RETURN THE SIGNED RELEASE ALSO. ◀◀			
Please mail entry with payment, signed liability forms, membership form if new, and copy of current Coggins to: Kerry Lowrey, 163 Fisher McConathy Rd, Anacoco, La 71403			

Entry Fee includes all Trail Fees & Overnight fees.

Best Condition Awards will be awarded to the 21 mile Ride & Tie, and the Equathon Completion awards to both riders & special first time R&T rider prizes!!!!!!

Ride & Tie Liability Release

This release must be signed and returned with your ride entry. No cross-outs or additions are permitted. As a participant in a ride sponsored by the Ride and Tie Association, I agree to abide by the rules of the Ride & Tie Association. In consideration for permission to enter and participate in the Ride and Ties, I do hereby for myself, my heirs and assigns, release and hold harmless ride management, ride personnel, all property owners over whose land the ride crosses, the Ride & Tie Association, their agents, officers, servants, employees and officials, from all claims, demands, actions and causes of action of any kind, for injury or death sustained by me or my horse, and damage to my property, incurred during this ride, arising from negligence or any other fault. "Ride" includes from the time I and my horse arrive at base camp until the time that we leave the premises, as well as the actual event. "Horse" means the animal(s) I am riding, driving, or have entered. I understand that horseback riding is an inherently dangerous activity and am aware that 1) the ride involves being in areas for extended periods of time far from communications, transportation, medical and veterinary assistance; 2) that these areas have many natural and man-made hazards, which ride management cannot anticipate, modify, or eliminate; 3) that both my own horse and those of other contestants can be excitable, difficult to control and unpredictable, and can panic, bite, rear, kick, strike, stumble or fall; 4) that as a result of participating in the ride, I or my horse may be injured, die, or my property damaged. I agree to take full responsibility for myself and my horse and for any other party or animal that accompanies me; I recognize that the ride is a strenuous activity and I represent that I and my horse are in adequate physical and mental condition to participate. I recognize that my participation in the ride is voluntary.

I HAVE READ AND UNDERSTAND THE ABOVE LIABILITY RELEASE, AND AGREE TO BE
BOUND BY ITS
TERMS AND CONDITIONS.

Rider #1 Signature:	Date:
Rider #2 / Equathon Runner Signature:	Date:
Parent or Guardian's Signature:	Date:

(if junior rider)

RULES OF RIDE & TIE

Violation of any rule may result in disqualification.

1. Each team will consist of two persons who are current members of the Ride and Tie Association and one horse. Throughout these Rules "horse" means "horse, pony or mule."
2. The horse must be at least five years old.
3. No pregnant or lactating mares will be allowed to compete.
4. No foreign substance or medication may be given or administered to any horse within 72 hours before starting the event or one hour after finishing the event. This includes ointments or solutions for topical use that contain local anesthetics. All medications administered during the two weeks prior to the race must be declared in writing to the veterinarian conducting the pre-race examination.
5. All horses must be submitted for a pre-race examination.
6. There will be a predetermined number of vet checks where the horses will be observed and examined. There will be no mandatory time holds. Cut-off time limits for each check point may be established. Pulse, respiration, mucous membrane color and capillary refill, surface factors, attitude and soundness will be considered as part of the criteria for passing through to the next

check. Vet check criteria will be announced prior to the races start and will be determined by the Head Veterinarian after consideration of weather, terrain, and other factors.

7. All horses must be presented to the veterinarians for a post-race veterinary examination within one hour of finishing. Horses must pass this examination for any member of that team to be eligible for completion awards. No abuse of a horse will be tolerated.

8. All decisions of the Veterinarian staff regarding the health and safety of the horse are final.

9. Artificial ties are illegal. Hand ties may be allowed at the Race Director's discretion. Any decision to allow hand ties will be announced at the pre-race briefing.

10. Each team must tie its horse and switch from rider to runner and runner to rider at least six (6) times during an event. Teams may tie as many times as they desire anywhere along the trail as long as the ties do not obstruct the trail or are not made in designated "No Tie Areas." A required tie will occur at each vet check. A team must exchange at least twice between vet checks. Where vet checks are so close that two exchanges may be impractical, the Race Director may allow one exchange between two specific vet checks. If a runner on a team has not been overtaken by his partner before the next vet check, then the runner must wait at the vet check for his/her partner to arrive in order to meet the required vet check tie.

11. With the exception of securing a loose horse, no person other than the team members and designated race officials may handle a team's horse on the trail during the race. Designated team crew may work with the horse at any vet check specified by race officials to be open to crews. Race officials may require crew to obtain a pass. Only contestants may take a horse through the vet checks during the race.

12. It is not permissible for both members of a team to use their horse at the same time for forward movement. "Tailing" (meaning the rider dismounts, grips the horse's tail and allows the horse to pull him/her) is allowed but it is not permissible for one team member to ride while another tails.

13. No pacing by an un-entered horse or runner is allowed for any contestant.

14. Riders shall be responsible for their horse's behavior prior to and during the event. If, at the discretion of the race management, any horse becomes unruly or jeopardizes the safety of other competitors, the team may be disqualified from the event.

15. Teams must pass and report to any trail marshals who are positioned along the course. Competitors inadvertently off course must return to the point at which they left the marked trail and complete the course correctly. Teams must stay on the marked trail.

16. Any protest must be filed in writing with the Race Director within two hours of the completion of the race. Prior to the start of the awards ceremony, the Race Director shall decide on the protest. An appeal of his decisions must be filed in writing within seven days to the President of the Ride and Tie Association, whose final decision cannot be appealed.

17. A team has not completed the race until both human teammates and their horse have reached the finish line.

18. These rules apply to a sanctioned race. A race may be of any distance, but to be sanctioned there must be a Ride & Tie race of at least 20 miles in length included within the same event.

19. Competitors under 16 years of age must wear approved safety helmets while mounted during a race (helmet approval by AHSA, PCA, ANSIZ90.4, or Snell)

What Is Equathon?

You'll see another exciting option at some of the Ride & Tie's this year called Equathon. Grab your favorite endurance rider or runner and compete in this fast-growing sport! It's kind of like a Ride & Tie, but the rider never has to get off the horse. Basically the horse and rider do the ride, say a 12-mile loop, reach pulse criteria, then the runner tackles the 12-mile loop. Sounds like fun, right! If you are really an exercise fanatic, you can do the Equathon as a solo

or “Iron” team. Run your horse in the 12-mile race, jump off and allow your horse to reach pulse criteria, then run the 12 miles on foot. Now doesn't that sound like a hoot?

Directions: In Athens take Texas Loop 7, then exit onto US 175 & head northwest towards Mabank for approximately two miles. Turn right on Co. Rd. 3918. (after the church) Follow this road around a 90 degree curve to the right, then take the first left, which is Co. Rd. 3914 (you will also see signs for Tara Winery). Co. Rd. 3914 is narrow and curvy, follow it for about 1.7 miles You will pass the winery on your left (it's a two story white house with large pillars and a vineyard). After a very sharp curve to the left you will climb a hill and pop out at the bottom of the huge pasture. Continue along the pasture until you see the parking sign on the right. Parking will be directed The campground is in a large tree lined meadow. If it has rained stay away from the trees—that would be the muddiest area. Generator parking is in the bottom of this pasture.

TRAILS: Trace Trails in Athens, Texas is a privately owned 1,000 acre working cattle ranch in northeast Texas. This ranch offers over 50 miles of sandy and scenic trails. The trails are diverse with flat to rolling sandy terrain, open grassy meadows, and thick forests. Trails are barefoot friendly, though due to some washouts roots can be just as dangerous as rocks, so if you plan on racing through the trails shoes would be recommended. Ride Camp is a spacious 40 acre+ pasture.

RULES: Endurance is an athletic event for both horse and rider. The goal is to complete the marked trail within the time given as established by AERC standards with an equine that is fit to continue from checkpoint to checkpoint. Equines must pass a complete vet check before, during, and after the ride. All AERC rules will apply. Safety helmets are recommended for all riders, but are required for juniors at any time they are on their equine, in camp or on trail. Junior riders must be accompanied by a designated adult sponsor (21 years or older) at all times during the ride. Juniors riding as Seniors must show AERC approval.

GATE HOURS: Camp will open on Thursday at 10:00am, and close Monday at 10:00 am. Water for horse and human is available in camp. Vet checks will be in camp.

ALL manure and hay must be spread nicely!

CAMPING: The camping fee and day rider fee is included in your ride entry. If you plan to ride before, or after the ride there is a \$10 fee. Generators off at 9:30 pm, on at 5:30 am. There are no hookups available. There WILL BE a generator area for all night generators. If you arrive before Friday am you will need to pay an overnight fee directly to Trace Trails (Box available) There are no hookups, & no pens!!
Ride Management, Full Day Volunteers (First 3+ spaces on each row)

Weather: Early November in east Texas can be anything from warm (highs in the 80's) to cooler (highs in the 60's). Come prepared for just about anything!! Ride venue handles water fairly well, so ride will go on unless there is a flood the week of. Please ignore any people talking about cancellation unless it comes from myself!! (Kerry Lowrey)

Thank you & Hope to see you there!!