

## Mari Ural & Horse Name



American Endurance Ride Conference

**2015 AERC Decade Team**



*Psyche's Quest - Grand Canyon 2015 © Steve Bradley, [www.stevebradleyphotography.com](http://www.stevebradleyphotography.com)*

## Decade Team Interview Questions

Please fill out with answers to as many questions as you wish to answer. You are welcome to send a photo for use on the AERC website – please be sure you have the photographer's permission to reproduce the photo, and include the photographer's name and contact information.

Return to: [endurancenews@foothill.net](mailto:endurancenews@foothill.net). Thank you!

Rider's name: Mari Ural

Horse's name: Psyche's Quest

Year of First Endurance Ride (first year in the decade): 2006

Region: Mt

Current rider lifetime mileage?

Endurance: 24,995

Limited Distance: 105

Tell us about your horse. When/how did you come to get him/her? 2005 - at an auction

What is your horse's breeding? Arabian

Sex: Gelding

DOB: 04-20-01

Horse height: 15'1

Approximate weight: 850

Color: Bay

Why did you decide to purchase this horse?

Did you do endurance with any other horses before this horse? yes -

How many different horses have you ridden in this sport? - 11

Do you participate in any other horse sports or activities? no

How many years have you been involved with endurance? With horses in general? 32, 60 yr.

What got you interested in endurance riding? What was it that kept you interested?

How old was your horse when first started in endurance? 5

How many rides did you do your first three ride seasons? 22

What mileage distance did you start with? (25, 50, etc.) 25

How long until you top tenned or raced (if you did)? - 5 yrs. until top ten.

How much time off do you give between ride seasons?

If you have done 100s, how much time off do you give after doing one? 2 weeks

If you have done multadays, how much time off do you give after doing one? 2 weeks

Do you use any special type of tack or shoeing with your horse? easy boots

What kind of problems have you overcome with your horse?

He's a competitive spook. - Ride w/calm trail partners, and stay away from the hotshoes!

Describe the best ride you ever had on your horse.

What was your most humbling experience?

What lessons have you learned along the way that you feel are the most important? *Ride your own ride*

What advice would you give to new riders? *pay attention to your horse - not your placing.*

Looking back, what do you feel you did right?

What would you do differently?

What was your highest goal for your horse, and did you achieve it?

Describe your horse's personality? How is it like or unlike yours? *Quirky - like endurance rider,*

What kinds of rides do you enjoy the most (50s, 100s, multiday, etc.)? *multiday*

In what ways has endurance riding made a positive influence in your life? *- can do attitude*

Is there anything special about your nutrition program you attribute to your success?

Are there any major changes you've made to your nutrition program (i.e., changed from one hay to another, added something special) that you feel made a noticeable improvement or solved a problem?

What kind of supplements (if any) do you use? *E Se*

Do you give any kind of joint products?

Describe your electrolyte protocol. *Small amt before + after ride + at lunch.*

How do you choose which rides to attend? *- Distance from home.*

Do you go to many rides outside of your region?

Name three people involved in the sport of endurance that you look up to, and why.

Did you have a mentor or first trail partner? Tell us about him/her/them. *- first partner - Dick Maben*

In choosing your next horse, what would you look for?

*↳ less spookiness!*

*+  
Low competitive!*

*(Quest is a workhorse)*

*He was runner &  
I was a rider.  
we combined our  
knowledge.*