

## Lisa Schneider & PR Tallyrand (“Tally”)



### 2012 AERC Decade Team

**Year of First Endurance Ride (first year in the decade):** 2003

**Region:** Pacific Southwest

**Current rider lifetime mileage?** 10,025

Endurance: 10,025

Limited Distance: 1,310

**Tell us about your horse. When/how did you come to get him/her?** My husband saw him at a ride and liked how he looked. He brought over to see him and we were both smitten.

**What is your horse's breeding?** ½ Arab, ½ Standardbred

**Sex:** Gelding

**DOB:** 3/26/96

**Horse height:** 15 hands

**Approximate weight:** 1,000 lbs

**Color:** Bay

**Why did you decide to purchase this horse?** My husband saw him and thought he had potential.

**Did you do endurance with any other horses before this horse?** Yes.

**How many different horses have you ridden in this sport?** About 30 over the years.

**Do you participate in any other horse sports or activities?** I used to show horses as a kid.

**How many years have you been involved with endurance?** 40 years. **With horses in general?** 45 years.

**What got you interested in endurance riding?** I was bored with the show ring and wanted to ride more.

**What was it that kept you interested?** The trails are amazing and we always have incredible adventures.

**How old was your horse when first started in endurance?** 6 years old.

**How many rides did you do your first three ride seasons?** In our first season together, we completed 5 rides; in our second season, we completed 7 rides; in our third season, we completed 8 rides.

**What mileage distance did you start with? (25, 50, etc.)** 50 miles

**How long until you top tenned or raced (if you did)?** We top tenned by accident in our first season when everyone in front of us got lost.

**How much time off do you give between ride seasons?** Here in the Pacific Southwest, we ride year

round except in summer so we don't do rides from mid-June until early October unless we go to another region.

**If you have done 100s, how much time off do you give after doing one?** At least two months.

**If you have done multadays, how much time off do you give after doing one?** A month or so, depending on how he recovers.

**Do you use any special type of tack or shoeing with your horse?** No.

**What kind of problems have you overcome with your horse?** He has such a big overstride that he would constantly pull off his front shoes. Also, we had a very difficult time with saddle fitting. We went through 7 different saddles before we got one that worked for him, a treeless.

**Describe the best ride you ever had on your horse.** Our second Tevis together was magical because everything went right. He ate and drank at every opportunity and finished with a ton of gas left in the tank.

**What was your most humbling experience?** I thought I could straighten out a friend's pony who was giving her a hard time on the first day of a multi-day ride. She pulled him the first day because he behaved so badly so I was going to show him the ropes on the second day. He ran away with me, bucked and bolted downhill and I feared for my life during the first 10 miles. When we got to the first vet check, I pulled him because he was too much of a handful for me and was going to hurt me, himself, or both of us.

**What lessons have you learned along the way that you feel are the most important?** Ride your own ride. Never try something new that you haven't trained with. If you suspect something is wrong, listen to your little voice and stop to check it out. You can't go wrong by slowing down or being conservative.

**What advice would you give to new riders?** Find a good mentor and ask LOTS of questions. Volunteer at several rides and watch the successful riders who finish with horses that look terrific. Start out slow and learn how to pace your horse for that course on that day under those conditions.

**Looking back, what do you feel you did right?** I come from a marathoning background and knew conditioning concepts that apply well to horses and my sense of pacing is good.

**What would you do differently?** Slow down. Focus on multi-day rides, especially for the young horses. Wait until they understand how to take care of themselves before bumping up distance or speed.

**What was your highest goal for your horse, and did you achieve it?** Yes, Decade Team!

**Describe your horse's personality?** How is it like or unlike yours? He likes to be left alone and do his thing but I'm the exact opposite.

**What kinds of rides do you enjoy the most (50s, 100s, multadays, etc.)?** Multi-days.

**In what ways has endurance riding made a positive influence in your life?** I have met so many wonderful people and seen so many beautiful places that I wouldn't have had the chance to see otherwise.

**Is there anything special about your nutrition program you attribute to your success?** I try to get the best quality hay and supplements and read everything about nutrition that I can get my hands on. If something isn't working for one horse, I keep trying different things and customize the feeding program for each horse.

**Are there any major changes you've made to your nutrition program that you feel made a noticeable improvement or solved a problem?** We use less alfalfa and much more grass hay than in the past and some of our horses that were hot have settled down.

**What kind of supplements (if any) do you use?** Platinum Performance

**Do you give any kind of joint products?** Yes, Adequan and Legend.

**Describe your electrolyte protocol.** He gets EnduraMax about every 2 hours during the rides.

**How do you choose which rides to attend?** I look at the horse's ride schedule/recovery time, distance to the ride/trailering time, and type of course vs the horse's strengths.

**Do you go to many rides outside of your region?** Yes. It's fun to see the differences in each region and get to ride in different places.

**Did you have a mentor or first trail partner?** Tell us about him/her/them. My parents, Reggie and Dick Fonseca, were my mentors. They started doing endurance in the early 1970's and my Mom has come in second place on Tevis twice and my Dad has numerous completions on Tevis as well as Ride and Tie and the Western States 100 mile run. We would ride as a family or crew for one or the other of my parents. It was always fun and exciting and we would make mini-vacations out of endurance rides.

**In choosing your next horse, what would you look for?** Surefootedness, good mind, good attitude (loves his job), spunky but not spooky, solid feet, clean legs, fast walk, ground covering trot, quick recoveries, good eater and drinker. If you find a horse like this, please let me know!