

Lisanne Dorion & Nation's Glory



American Endurance Ride Conference

2016 AERC Decade Team



Photo © Karl Creations

Rider's name: Lisanne Dorion

Horse's name: Nations Glory aka Glory

Region: SE was NE

Current rider lifetime mileage?

Endurance: 2840

Limited Distance: 360

Tell us about your horse. When/how did you come to get him/her? I was in a rough spot in my life and knew that the one thing that always made me feel wonderful was riding. I was in Vermont so I figured a steady Morgan would be good. She actually looks more Arab than Morgan. She is a little powerhouse that does not waste one ounce of energy. I swear she can wear the same shoes for 6 months she is so light on her feet. I had heard about Endurance from a Swedish friend when we were racing on foot across the Gobi desert in China. I made a note to myself that when I could I should look into it. So a few years later I

did! To say I had no clue as to endurance would be an understatement. But, this mare and I are proof that if you listen to the best, are willing to learn, make mistakes, dust yourself off, and never, ever give up, then your dreams are yours for the taking!

What is your horse's breeding? Morgan

Sex: Mare

DOB: July 6 1998

Horse height: 14.2

Approximate weight: 850

Color: Bay

Why did you decide to purchase this horse? My life was in a rough spot and I knew I needed that 'something' only a horse can give

Did you do endurance with any other horses before this horse? No

How many different horses have you ridden in this sport? A dozen or so

Do you participate in any other horse sports or activities? Yes

How many years have you been involved with endurance? With horses in general? Over 10 years in endurance and 47 years in general

What got you interested in endurance riding? What was it that kept you interested? I was in the middle of the Gobi Desert in China when Endurance riding was first explained to me...I was running across the Gobi Desert!

How old was your horse when first started in endurance? 8

How many rides did you do your first three ride seasons? Endurance and Competitive trail probably around a dozen

What mileage distance did you start with? (25, 50, etc.) 25 then 50, three day hundreds, etc.

How long until you top tenned or raced (if you did)? My first ever LD we won.

How much time off do you give between ride seasons? Every 6 months my horses get a minimum of 4 months off

If you have done 100s, how much time off do you give after doing one? At least 5 weeks

If you have done multadays, how much time off do you give after doing one? A couple of weeks

Do you use any special type of tack or shoeing with your horse? Yes, each horse has its own saddle, custom fit, shoeing is by a top farrier and done consistently

What kind of problems have you overcome with your horse? Oodles. I have tried to block them out of mind. L4/5 and SI.

Describe the best ride you ever had on your horse. Every darn ride I love. Moonlight 50 in Vermont.

What was your most humbling experience? Every time I get on I thank the heavens that this horse is here.

What lessons have you learned along the way that you feel are the most important? Horses tell you how it is, honest and true, it is the humans who choose not to listen.

What advice would you give to new riders? Spend more time watching your horses than riding. The best training is good rest. Never ask of your horse what you are not prepared to do... yes I have raced over 100 miles on foot!

Looking back, what do you feel you did right? Shut up and listened.

What would you do differently? Enjoy the early morning rides in the fog and mountains. Have more picnics.

What was your highest goal for your horse, and did you achieve it? Decade Award. Yes. Grand Champion at Vermont 3 day100- Yes.

Describe your horse's personality? How is it like or unlike yours? Steady as the day is long. Does not suffer fools. Just like me!

What kinds of rides do you enjoy the most (50s, 100s, multidays, etc.)? Any ride.

In what ways has endurance riding made a positive influence in your life? This horse saved my life. It brought me back to health and let me tackle the world again.

Is there anything special about your nutrition program you attribute to your success? Good forage!

What kind of supplements (if any) do you use? Vitamin E.

Do you give any kind of joint products? Legend and Adequan

Describe your electrolyte protocol. A different one for each horse. Have bloodwork done to understand what your horse uses the most of . Adapt to weather and terrain.

How do you choose which rides to attend? I love beautiful rides and ones that fit my work schedule.

Do you go to many rides outside of your region? Yes! My goal is to ride in every region.

Name three people involved in the sport of endurance that you look up to, and why. Steve Rojek – a gentleman on trail and thoughtful with horsemanship. Dinah Rojek – she is incredibly knowledgeable on the science involved in endurance. She does not get caught up in fads or voodoo. Connie Caudill – not prone to exaggeration and a straight shooter.

Did you have a mentor or first trail partner? Tell us about him/her/them. It was hilarious and would take up a book. Yes, Dinah Rojek.

In choosing your next horse, what would you look for? I have too many horses! Temperament.