

Joan Ruprecht & Magic Nisaba



AERC Decade Team

5350 Miles, 108 ride completions
First AERC ride: 1990 Region: W

Sex: Mare
DOB: 1985
Horse height: 14.3 hands
Approx. Weight: 880
Color: Grey
Shoe size: 00

Why did you decide to purchase this horse (or if you didn't purchase, why did you choose to use this horse in endurance)? I wanted to breed her mom to my daughter's stud.

Did you do endurance with any other horses before this horse? Yes, for several years on several horses.

How many different horses have you ridden in this sport? Not sure, more than 10.

Do you participate in any other horse sports or activities? Ride and Tie.

How many years have you been involved with horses? 45. **In endurance?** 25.

What got you interested in endurance riding? What was it that kept you interested? **How old was your horse when first started? First ride?** 5.

How many rides did you do the first, second, and third ride seasons? First year: 3 50's, 150 miles. Second year 6 50's, 300 miles. Third year 380 miles, 50's and 1 55.

What mileage distance did you start with? 50.

How long till you top tenned or 'raced'? 3rd year, 1992.

How much time off do you give between ride seasons? 4 _ months with occasional easy rides.

If you have done multadays, how much time off do you give after doing one? What is your schedule in the month leading up to the ride? 3 weeks. No special conditioning during prior month, just as if a one day.

What kind of tack do you use? Steuben saddle, wool pad, string and neoprene girth, hackamore.

What kind of shoes do you use on your horse? Iron, pads in front. Easyboot backup for lost shoe.

What kind of problems have you encountered? My own breakage _ wrist, ribs, pelvis.

What was the worst or most severe injury your horse has had? Unidentified lameness.

How did you work through it? Time off.

Describe the best ride you ever had on your horse? Mountainside. We were alone, no family, and had a great ride.

Describe the worst day you ever had with your horse? When my granddaughter was sponsored by an unaware sponsor.

What was your most humbling experience? D.V. National 100 mile championship.

What lessons have you learned along the way that you feel are the most important? Top Ten is not important. Going faster may just lead to a pull.

Where does your horse live? 3-60 Acre pasture at home with full turnout.

What kind of environment did your horse spend the first few years of it's life in? In a pasture with a herd. She was pasture bred once.

What are your horse's strengths? She has a great attitude. ***Weaknesses?*** Unknown lamenesses.

What advice do you have for new riders? Don't use external monitors, listen to your horse and yourself.

Looking back, what would you do differently? Not much.

What do you feel you did right? Leaped for the adventure.

What was your highest goal for your horse? Did you achieve it? To have fun. Yes.

Describe your horses personality? How is it like or unlike yours? Happy go lucky, ready to join in the fun.

What kinds of rides do you enjoy the most? Multiday's, 50's and 25's.

Describe your electrolyte protocol. Fed in grain---I give electrolytes in powder form the night before and once or twice during ride and after ride if hot.

Is there anything special about your nutrition program you attribute to your success? Mostly pasture, with Oregon grass hay in the winter.

Are there any major changes you've made to your nutrition program (ie, changed from one hay to another, added something special) that you feel made a noticeable improvement or solved a problem? No.

What kind of supplements (if any) do you use? LMF Performance, beet pulp, rice bran and whole oats. In the winter flax.

Do you give any kind of joint products? No.

How far do you usually travel to rides? Around 300 miles.

Do you go to many rides outside of your region? Yes.

Name three people involved in the sport of endurance that you look up to, and why? The Duck who has made big positive changes in how we do endurance riding. My husband Ted for being very supportive and Karen Chaton for doing so much for the endurance scene.

Did you have a mentor or first trail partner? No.

In choosing your next horse, what would you look for? An unused 5 to 10 year old black mare.

Nisada has done social riding, endurance and ride and ties. She recently did a 25 mile ride with my son, Katie's dad.