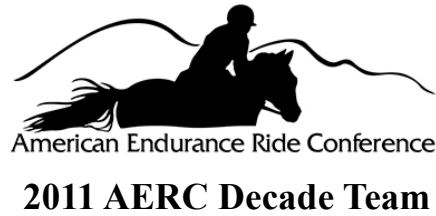


Debby Lyon & Arcade



The finish of XP 2001 with Debby on Arcade and Jeff on his horse Tugboat.

Rider Name: **Debby Lyon**

Horse Name: **Arcade**

Region: **Pacific Southwest**

Current Rider Lifetime Mileage? **11,810 (endurance)**

Tell us about your horse. When/how did you come to get him/her? I bought Arcade from Danny Grant. He brought him down from Canada when he came for Tevis in 2000. He had not been started. I met Arcade at Tevis and fell in love.

What is your horses breeding? **Canadian flat track racing breeding. Arpan x Popravka**

Sex: **Gelding**

DOB: **April 29, 1995**

Horse height: **14.3**

Approx. Weight: **950**

Color: **Gray** Shoe size: **1**

Why did you decide to purchase this horse (or if you didn't purchase, why did you choose to use this horse in endurance)? **Shari MacFarlane rode his full brother, Rebel, in endurance and I really liked him**

Did you do endurance with any other horses before this horse? **Yes**

How many different horses have you ridden in this sport? **6**

Do you participate in any other horse sports or activities? **Parelli Natural Horsemanship, Coast Mounted Assistance (mounted horse patrol Montana de Oro State Park, Ride and Tie**

How many years have you been involved with horses? In endurance? **26 years**

What got you interested in endurance riding? What was it that kept you interested? **I started out in Ride and Tie and endurance just followed. I love the trails.**

How old was your horse when first started? First ride? **Age 5 for both**

How many rides did you do the first, second, and third ride seasons? (list w/ distances) **2000 – one fifty, 2001 805 miles, 16 ride, all fifties most on 2001 XP. 2002 365 miles eight starts 7 completions – pulled from first Tevis attempt due to fall and mild injury**

What mileage distance did you start with? (25, 50, etc.) **50 Danny Grant rode him in one 25 just after he was started under saddle**

How long till you top tenned or raced? (if you did) **Mt. Carmel 2002 10th place, 20 Mule Team 65 2003 3rd place**

How much time off do you give between ride seasons? **Varies**

If you have done 100 s, how much time off do you give after doing one? **Varies – Usually light work for a month**

If you have done multadays, how much time off do you give after doing one? **varies – light work for a few weeks**

What kind of tack do you use? (saddle, pads, girths, bits, etc.) **Sports Saddle, skito pad, snaffle bit or just halter, clip on bridle, breast collar**

What kind of shoes do you use on your horse? Pads? Barefoot? Barefoot and booted? **Epona (plastic) shoes on front, steel shoes on rear**

What kind of problems have you encountered? **mild lameness, no metabolic problems. He used to think he was a deer; it took him a long time to realize he was a horse**

What was the worst or most severe injury your horse has had? **Suspensory injury**

How did you work thru it? **stem cell treatment at Alamo Pintado, long layoff**

What was the worst or most severe injury you have ever had relating to horses or endurance riding? **Accident at Tevis 1999 – ruptured spleen, punctured lung, multiple rib fractures (on a borrowed horse, not on Arcade)**

How did you work thru it? **One week in hospital in Reno, then three months of recovery before riding again — had to overcome fear issues**



Describe the best ride you ever had on your horse? **2003 Tevis – 12th place Cady (Arcade’s nickname) was on and having fun all day and into the night. It was a perfect ride. Another great ride was Swanton 100 in 2008. We did Swanton because Tevis was cancelled because of fire. We had a perfect ride and finished 5th place. Cady never got tired and seemed to be having a good time for all 100 miles.**

Describe the worst day you ever had with your horse? **2003 National Championship ride. Pulled with mild lameness. Turned out to be a suspensory injury It was too soon after Tevis to do another 100 mile ride**

What was your most humbling experience? **The first time I tried Tevis on Cady, he fell in the high country and came up very slightly lame. I walked all the way from Lyon Ridge (not good to have a vet stop with your name on it) to Red Star. There were horses in metabolic trouble there who needed the trailer ride so I walked to Robinson Flat. About a mile from Robinson I took off my helmet and tied it to Cady’s saddle. He spooked, bolted, and knocked me down and ran back up the rode toward Red Star Ridge. I got up dirty and bleeding (not badly injured) and started hiking back up the hill. A man on a motorcycle came up the road and I stopped him to ask him not to spook the horse when he caught up to him. He told me to hop on and we went looking for Cady. We met the vets coming down from Red Star with a vet secretary sitting on the tailgate of a pickup leading Cady. We walked down to Robinson and trailered out. By the way, he was perfectly sound when we got to Robinson and had the vet look at him.**

What lessons have you learned along the way that you feel are the most important? **Never get you ego stuff in the way of what your horse is trying to tell you**

Where does your horse live? Full turnout? **Full turnout where I live**

What kind of environment did your horse spend the first few years of it,s life in? (pasture, w/ a herd, etc.) **On a ranch in Calgary. I think mostly turnout.**



What are your horse's strengths? **Relentless, strong, tough**

Weaknesses? **spooky, likes to buck and do what I call humpy jumpies**

What advice do you have for new riders? **Develop a relationship with your horse. Try natural horsemanship and some cross training like dressage**

Looking back, what would you do differently? **Learn to ride better sooner**

What do you feel you did right? **Generally listened to my horse and backed off when necessary, lots of natural horsemanship (three trips with Cady to the Parelli Center in Colorado), weekly dressage lessons for ten years.**

What was your highest goal for your horse? Did you achieve it? **Finish Tevis. Yes four times**

Describe your horse's personality? How is it like or unlike yours? **Right brain extrovert. He likes to go fast or barely move, not too much in between although he does settle into a nice pace after quite a few miles.**

What kinds of rides do you enjoy the most? (multidays, 100 s, 50 s, etc.) **I enjoy them all, but my favorite is Tevis.**

In what ways has endurance riding made a positive influence in your life? **I have learned to overcome fear and to develop a relationship with my horse**

Describe your electrolyte protocol. **I put electrolytes in his feed at vet checks and he eats it well. I only use a syringe at no hold checks like Red Star Ridge at Tevis**

Is there anything special about your nutrition program you attribute to your success? **I use oat hay, grass hay, a very little bit of alfalfa, LMF gold, and Platinum**

Are there any major changes you've made to your nutrition program (ie, changed from one hay to another, added something special) that you feel made a noticeable improvement or solved a problem? **No**

What kind of supplements (if any) do you use? **Platinum**

Do you give any kind of joint products? (describe) **IM Adequan**

How far do you usually travel to rides? **2-8 hours**

Do you go to many rides outside of your region **My region is Pacific Southwest. I also do rides in West region**

Name three people involved in the sport of endurance that you look up to, and why? **Julie Suhr, Barbara White, Bill Pieper**

Did you have a mentor or first trail partner? Tell us about him/her/them. **My husband, Jeff Herten, and I started riding together when neither of us knew how to saddle a horse. We have been riding together for 26 years**

Describe the first rig you had and then tell us how it compares to your current rig? **A brown dodge van and a borrowed two horse straight load. We next had a pick up with a camper and a three horse aluminum trailer, then a big trailer with living quarters. Now we have a Sprinter van and a two horse aluminum trailer.**

In choosing your next horse, what would you look for? **I already have my next horse. I ride both Cady and the new horse TCF Perfect Knight (Sancho). Both horses did Tevis this year. I wasn't looking for another horse, but he found me. Cady is the grey in the photo and Sancho is the Bay.**