## **Rider Name & Horse Name**



## 2015 AERC Decade Team



Rider's name: Carrie Miracle-Jordan

Horse's name: JA Hai Obsession (Obie)

Year of First Endurance Ride (first year in the decade): 1999

Region: SW

**Current rider lifetime mileage?** 

Endurance: 16,375 Limited Distance: 750

Tell us about your horse. When/how did you come to get him/her? My husband and I bred him.

What is your horse's breeding? Crabbet, CMK

Sex: G

**DOB:** 2-6-93

Horse height: 15.3

**Approximate weight: 975** 

Color: bay

Did you do endurance with any other horses before this horse? yes

How many different horses have you ridden in this sport? 26

Do you participate in any other horse sports or activities? Trail riding and dressage

How many years have you been involved with endurance? With horses in general? Endurance 30 years, horses my whole life

What got you interested in endurance riding? What was it that kept you interested? The challenge, the thrills, the horses, the trails and the people.

How old was your horse when first started in endurance? 5

How many rides did you do your first three ride seasons? 25+

What mileage distance did you start with? (25, 50, etc.) 25s

How long until you top tenned or raced (if you did)? The end of his first season

How much time off do you give between ride seasons? One to two months

If you have done 100s, how much time off do you give after doing one? Yes, it depends on the ride, normally about a month.

If you have done multidays, how much time off do you give after doing one? Again it depends on the ride and how the horse does. Normally about a month.

Do you use any special type of tack or shoeing with your horse? Endurance tack and steel shoes.

What kind of problems have you overcome with your horse? Obie is a very steady and reliable guy, but at times he could be slow to recover. It was a pain, but he would recover. I think he has a big body but a smaller heart.

**Describe the best ride you ever had on your horse.** Riding the Arizona Trail from Tucson to Mexico. Its about 100 miles. We only rode about 20 miles every day, but camped together at night.

**What was your most humbling experience?** The 2004 Tevis. He was doing great, but at Francisco's he was slow to recover. So I waited there with him about 45 minutes and watched a lot of riders go by. But we still finished in good form.

What lessons have you learned along the way that you feel are the most important? Ride the horse you have on that day, on that ride.

**What advice would you give to new riders?** Have patience. Don't try and win all the time. If you have a really good horse pick wisely the time to use him.

Looking back, what do you feel you did right? Enjoying and appreciating all of what he had to give.

**What would you do differently?** Not retire him when we did. He really could have done a lot more miles.

What was your highest goal for your horse, and did you achieve it? 5,000 miles and yes.

Describe your horse's personality? How is it like or unlike yours? He loves the sport, like I do.

What kinds of rides do you enjoy the most (50s, 100s, multidays, etc.)? He was able to do it all. Win 50s, 100s, pioneer rides and get several BCs. I actually like 100s because I think they're the greatest challenge.

In what ways has endurance riding made a positive influence in your life? In many, many ways,

perseverance, setting goals and staying in shape.

Is there anything special about your nutrition program you attribute to your success? Feeding according to workload. But also keeping it pretty simple.

Are there any major changes you've made to your nutrition program that you feel made a noticeable improvement or solved a problem? Electrolytes and probiotics. Keeping these two in a good balance.

What kind of supplements (if any) do you use? Good quality vitamins, endurance electrolytes and probi

Do you give any kind of joint products? Yes on really tough rides Adequin or Legend

**Describe your electrolyte protocol.** If it's a hard, hot ride, electrolytes given every 10-15 miles.

How do you choose which rides to attend? Local rides whenever possible. Rides with good management, beautiful locations or historical charm.

Do you go to many rides outside of your region? Yes, almost every ride year.

Name three people involved in the sport of endurance that you look up to, and why. Marilyn McCoy, Kevin Waters and Dave Rabe. Because of their long time involvement in the sport and their successes.

**Did you have a mentor or first trail partner? Tell us about him/her/them.** Marilyn and Kevin were kind of my mentors. Marilyn helped me through my first Tevis. Kevin helped me on numerous pioneer rides.

**In choosing your next horse, what would you look for?** I still have four others that my husband and I bred. Luckly, they're just what I like, good minds, bodies, great feet and they love the sport.