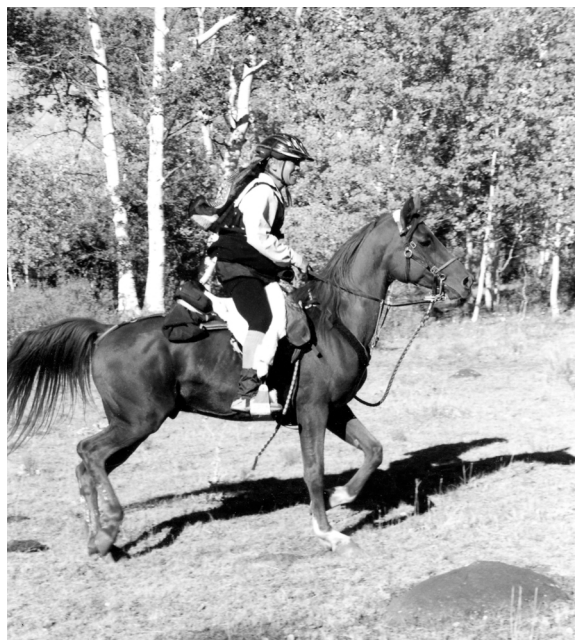


## Roberta Wong & Bold Letice



American Endurance Ride Conference

### 2011 AERC Decade Team



**Region:** West

**Current Rider Lifetime Mileage** 5235 miles

Endurance: 5235

Limited Distance: 80

**Tell us about your horse. When/how did you come to get him/her?** Found in newspaper ad and purchased him in 1996 as a 6 year old

**What is your horse's breeding?** Arabian

**Sex:** gelding

**DOB:** May 14, 1990

**Horse height:** 15 hands

**Approx. Weight:** 900

**Color:** chestnut

**Shoe size:** 0 and 1

**Why did you decide to purchase this horse (or if you didn't purchase, why did you choose to use**

**this horse in endurance)?** Because of all the arena training he had

**Did you do endurance with any other horses before this horse?** Yes with one horse

**How many different horses have you ridden in this sport?** two

**Do you participate in any other horse sports or activities?** no

**How many years have you been involved with horses?** Since 1982

**In endurance?** Since 1986

**What got you interested in endurance riding?** Participating in Ride and Tie

**What was it that kept you interested?** I am astonished at the athletic ability of horses

**How old was your horse when first started?** 9 years

**First ride?** 9 years

**How many rides did you do the first, second, and third ride seasons?** (list w/ distances) First season 2 x 25 miles; second season – 12 x 50 miles; third season 18 x 50 miles

**What mileage distance did you start with?** (25, 50, etc.) 25 miles (only 2))

**How long till you top tenned or raced?** (if you did) 6 years

**How much time off do you give between ride seasons?** October to January

**If you have done multadays, how much time off do you give after doing one?** Until the next one, up to 3 months but often only a couple of weeks.

**What kind of tack do you use?** (saddle, pads, girths, bits, etc.) Torsion treeless saddle, Zilco bridle, breast collar, and crupper, neoprene girth, Tom Thumb with snaffle bit

**What kind of shoes do you use on your horse? Pads? Barefoot? Barefoot and booted?** Steel shoes, padded for multi-day

**What kind of problems have you encountered?** none

**What was the worst or most severe injury your horse has had?** A stick stuck in his leg just above his coronary band caused him to be lame at vet check-in. Got while taking a walk before vet in – only time we've gone out for a walk – probably would never do it again. A freak incident

**How did you work through it?** Soaked in Epsom salts

**What was the worst or most severe injury you have ever had relating to horses or endurance riding?** Slight concussion due to fall from horse (horse tripped due to rider error); dislocated shoulder

**How did you work through it?** Concussion – got back on the horse, rode to noon check, then completed ride. Dislocated shoulder – rode the next day with arm in a sling and dislocated 2 more times but finished the day- did not finish the rest of the multi-days, went home then to doctor- went thru physical therapy to strengthen muscles around the shoulder

**Describe the best ride you ever had on your horse.** The last 4 days to complete the 5,000 mile journey. Powerful!!

**Describe the worst day you ever had with your horse.** Not finishing Tevis due to time

**What was your most humbling experience?** Finishing the 5,000 mile goal

**What lessons have you learned along the way that you feel are the most important?** Be patient and read the horse all the time; starting a horse in multi-day rides after the pack is gone; learn everything you can from a variety of sources; find a compatible riding buddy; don't over-electrolyte

**Where does your horse live?** Northern UT with my stepdaughter **Full turnout?** Yes

**What kind of environment did your horse spend the first few years of its life?** Stall/pasture before I bought him; pasture since I've owned him

**What are your horse's strengths?** Sweet, hard worker, willing to learn, willing to listen, lots of heart, gets along with all horses – not a mean streak in his body

**Weaknesses?** None

**What advice do you have for new riders?** Learn everything you can from people and other sources; don't ever think you know everything about horses; find a riding buddy/horse

**Looking back, what would you do differently?** Not ride with my ex-husband

**What do you feel you did right?** Rode multi-days and didn't over-electrolyte; always feeding a very wet mush

**What was your highest goal for your horse?** 5,000 completed competition miles

**Did you achieve it?** yes

**Describe your horse's personality?** Sweet and sometimes standoffish; hard worker; lots of heart; tough; willing to listen; willing to learn How is it like or unlike yours? We're pretty much the same except he's really beautiful

**What kinds of rides do you enjoy the most?** (multidays, 100's, 50's, etc.) multi-days

**In what ways has endurance riding made a positive influence in your life?** Made me more of a disciplined athlete, More respect for the horse as an athlete

**Describe your electrolyte protocol.** Usually only electrolyte at noon stop and only after a good drink and eating a very wet mush. Has always worked, horse never dehydrated, and recoveries always good. Sometimes but not always would administer a ½ dose back at the trailer after finishing the day.

**Is there anything special about your nutrition program you attribute to your success?** Nothing special about feeding other than basic grass hay and a wet mush with beet pulp/senior/vitamins/joint supplement

**Are there any major changes you've made to your nutrition program that you feel made a noticeable improvement or solved a problem?** No changes except no alfalfa

**What kind of supplements (if any) do you use?** Platinum Performance Equine and Select (Joint) Pellets

**Do you give any kind of joint products?** (describe) Select (Joint) Pellets

**How far do you usually travel to rides?** 5-1,000 miles

**Do you go to many rides outside of your region?** Almost all

**Name three people involved in the sport of endurance that you look up to, and why.** Mari Ural because she always pays attention to what her horse is doing; Dave Rabe because he can ride anything and pace from slow to fast; Karen Fredrickson because she really knows how to get and keep the horses in condition.

**Did you have a mentor or first trail partner? Tell us about him/her/them.** None

**Describe the first rig you had and then tell us how it compares to your current rig?** First rig was a 1968 Miley 2 horse straight load – very narrow- very small tack compartment at the front under the feeders;

2nd rig was a Sundowner 3 horse slant-load with living quarters/full bathroom/ great set-up to cook and entertain;

3rd trailer (current): Sundowner 3 horse slant, extra tall with ramp, collapsible tack room at the rear and large tack room at the front; very adequate but miss the living quarters.

**In choosing your next horse, what would you look for?** Same qualities as my first horse