

## Anne Ayala & Overlook Nuryev



### 2003 AERC Decade Team



**Rider's Name: Anne Ayala**

**Horses Name: Overlook Nuryev, "Beau" -- 3665 Miles, 66 ride completions.**

**First AERC ride: 1993 Region: SE**

***Tell us about your horse. When/how did you come to get him/her?*** I bought Beau as a 7-yr old CTR horse for our son, then doing NATRC rides in his early teens. Steve rode Beau for about 7 years, earning a NATRC National Championship in 1989. When Steve left for college, I decided to begin more endurance rides in early 90s.

***What is your horses breeding? Arabian (Polish) Sex: G DOB: 6/18/78 Horse height: 15.1 hh Approx. Weight: 875 Color: bay Shoe size: 0***

***Did you do endurance with any other horses before this horse?*** Some, but mostly CTR, many miles

***How many different horses have you ridden in this sport?*** 3

***Do you participate in any other horse sports or activities?*** Dressage training currently with both Beau and younger horse

***How many years have you been involved with horses?*** Since early 70's In endurance? since 1990

***What got you interested in endurance riding? What was it that kept you interested?*** Wanted a change from CTR, go a bit faster, have continued to enjoy people and places in our sport all over USA

***How old was your horse when first started?*** That I know of, Beau did quite a bit of CTR with his first owners before I purchased him. ***First ride?*** First endurance ride at age 12

**How many rides did you do the first, second, and third ride seasons?** Don't have the early CTR history, but the pace is probably one reason that this horse has stayed sound over years of distance riding with no major lay-offs. In ENDURANCE, his first serious season at age 15 was 490 miles, then 365 in 1994, and 255 in 1995

**What mileage distance did you start with?** Started with 50s

**How long till you top tenned or 'raced'?** Consistently in Top Ten in 1993, 1995

**How much time off do you give between ride seasons?** Light riding in Nov/Dec

**If you have done 100's, how much time off do you give after doing one? What is your schedule in the month leading up to the ride?** Usually a month, depending on trailer distances. Prior: shorter training sessions twice a week, one longer less fast ride per week, complete rest week of ride

**If you have done multadays, how much time off do you give after doing one? What is your schedule in the month leading up to the ride?** Similar to above

**What kind of tack do you use?** Orthoflex, snaffle

**What kind of shoes do you use on your horse?** Steel shoes, pads when necessary for terrain

**What kind of problems have you encountered?** Beau is a somewhat picky eater, and managing his feed/hydration during rides has been the greatest challenge

**What was the worst or most severe injury your horse has had?** none, I have been very, very fortunate in this regard. One year he had a slight "mystery" lameness after a ride in Ohio, possible blind splint, but two months rest seemed to heal the problem

**Describe the best ride you ever had on your horse?** I believe the ROC in 1997, when three of us with "older" (i.e. 18, 19) horses (Harrop, Crandall, and Ayala) came across the finish line together after 100 miles.

**Describe the worst day you ever had with your horse?** Getting lost at 95 miles on a 100-mile ride!

**What was your most humbling experience?** Receiving the Pardner's Award at AERC Convention

**What lessons have you learned along the way that you feel are the most important?** Only you can truly know your horse and his limits; riders need to be constantly aware of the "little signs" that vets might not catch in a two-minute evaluation, and be honest with yourself as to what you can ask of your horse on that day

**Where does your horse live?** Boards in 20 acre pasture, in for feeding during day, out otherwise

**What kind of environment did your horse spend the first few years of its life in?** Don't know

**What are your horse's strengths? Weaknesses?** Kind, steady, sound Weaknesses? picky eater

**Looking back, what would you do differently?** Not much

**What do you feel you did right?** Rode within my horse's capabilities and limits over the years (still going at 25!)

***What was your highest goal for your horse?*** Continue to enjoy the endurance competition over the years, keep him sound and happy ***Did you achieve it?*** yes

***Describe your horse's personality?*** Willing and lively. We seem to blend well as a team.

***E What kinds of rides do you enjoy the most? (multidays, 100's, 50's, etc.)*** Have participated in all of the above; love the multidays, but we have few in the East.

***Describe your electrolyte protocol.*** Constant and frequent on the trail, before and AFTER as well.

***What kind of supplements (if any) do you use?*** ABC Plus, Vitamin E and Selenium

***Do you give any kind of joint products?*** Started Adequan shots two years ago

***How far do you usually travel to rides?*** Not so far any more, but have traveled to Maine, Michigan, Utah, Florida and states in between over the years

***Do you go to many rides outside of your region?*** I used to.

***Name three people involved in the sport of endurance that you look up to, and why?*** Steve Rojek, for the grounding he gives his horses and for his never-ending courtesies to riders and ride management. To a host of Ride Managers for taking time and energy to put on rides!

***In choosing your next horse, what would you look for?*** Slightly shorter horse! At mid-60s and 5'1", I want to climb on without a log! Otherwise, many of the same qualities as Beau.

I could never begin to say how much pleasure Beau has given me over the years. We just finished this past weekend (Oct 2003) the Western North Carolina 100-mile competitive trail ride as 3rd lightweight, at average speed of 7 mph. What an accomplishment for a 25-year old life companion! We are looking forward to two more endurance rides at reasonable pace to complete our 4000-mile endurance travels together.