



AERC Sanctioned Ride

12 Mile Fun Ride/30 LD/ 55 Endurance

Ride Manager: Bonnie Miller 928-202-2517 (text, messages) bonnie@bonmiller.com

Assist Ride Manager: Joan Bouck joanbouck@earthlink.net

Trail Specialist: Alida Dierker alidadierker@gmail.com

Control Judge: Head Vet Karina Cox DVM,

Prescott Equine Center 928-776-7669

HISTORY: Originally called the CINDER LAKES RIDE 1985-2000, managed by Alida Dierker & Susie McCallum, the ride has taken on a new calendar date and name. It will take some time to develop a website with information, photos, and online conveniency, etc. Until then, thank you for your patience!

In the 1960's, the Astrogeology branch of the USGS in Flagstaff created an artificial crater field at Cinder Lake in order to train astronauts as well as test equipment and techniques for lunar exploration. Today the cinders is a popular year around area for recreation. We have moved the trail east and south to remain outside of the OHV area as much as possible, however the trail will traverse parts of the lesser used OHV area.

FLAGSTAFF MONSOON FEVER ENDURANCE RIDE

ENTRY: Pre-Registered Entries with payment & signed release received by June 1, 2019 will be considered PRE-REGISTERED. All entries received after June 1 are considered “arrive and ride” entries. The option to email entry with confirmed PayPal payment is available. There will be a \$40 late fee for entries postmarked after May 25, 2019. We are offering a \$25.00 discount for Junior Riders (does not apply to FUN RIDE). There is an additional fee of \$15 for Non-Aerc members.

CANCELLATION POLICY: Cancellations prior to 5:00 PM May 15, 2019 will receive a 90% refund. Cancellations after May 15, 5:00 PM will receive a 50% refund up through June 1st. If a horse does not pass the initial Vet in the day before the ride as determined by the ride Vets, you will receive a full refund. A no-show, no-call will not receive a refund. Once the applicant starts the ride, the entry fee is not refundable. Ride Manager must be notified of cancellation by the start of the ride or no refund will be issued. Please allow 10 business days after the ride for any refunds.

TRAILS: Located in east flagstaff, AZ at 6000-7000' elevation, off Leupp Rd. Ponderosa pines and open high desert with Pinions & Junipers, the daytime temps in early June can range between 70-85 degrees. There is gradual elevation gain, making this ride an opportunity for first time endurance horses/riders. The majority of footing will be shallow cinder sand ranging from single track to two-track. There is the occasional section of hard-packed connector jeep road as well as a few sections of deeper sand. Some of the trails are located in lesser used OHV areas, however plan to encounter the occasional off road OHV 4x4. The OHV club will be contacted and will hopefully provide some emergency and safety support. You will have access to the RIDE with GPS trail links prior to the event.

VET CHECKS & WATER: The 30 will have 1 vet check with a 1 hour hold. The 55 will have (2) 45 minute holds. All vet checks will clover-leaf back into base camp, as the relatively easy trails make for faster than average loops. There will be drinking water and sponge water for your horses at specific locations on the trail and Basecamp. We will be located in a “haul-in” water location, bringing as much of your own water will be greatly appreciated. Weed-Free Feed is required by the USFS in writing.

LOCATION: The ride is located in Northern Arizona, off the I-40 east end of Flagstaff.

From Phoenix and Los Angeles: From I-40 east, Exit at Winona and drive west for 2 miles. Turn right (north) at Leupp Rd. Drive 6 miles. Basecamp on your left, dirt road, will be marked with promotional flags.

From Albuquerque: Exit I-40 at Winona, drive west for 2 miles, turn right on Leupp Rd and Follow for 6 miles. Basecamp on your left, dirt road, will be marked with promotional flags.

CAMPSITE: Mostly level, wide open, natural high desert, limited shade. Bag your trash and dump in receptacles provided, including manure. USFS, weed-free feed only. Dogs allowed on leash in basecamp only.

RULES & REGS: This ride will be conducted in accordance with AERC: www.aerc.org

SUNRISE: 5:11 AM **SUNSET:** 7:39 PM

RIDE PHOTOGRAPHER: Susan Kordish and John Kordish

Their ride photos can be viewed and purchased at www.azcowgirlphotography.com her email azcowgirlphotography@hughes.net. Susan Kordish, PO Box 204, Skull Valley, AZ 86338

FLAGSTAFF MONSOON FEVER ENDURANCE RIDE

JUNIOR RIDERS: All Junior riders must wear a helmet at all times while on an equine, and must ride with an adult sponsor. Those juniors who qualify to ride without a sponsor must have the appropriate AERC paperwork. Juniors will receive a \$25 discount on 30/55 mile rides. All fees collected from Juniors will go to an AERC educational event.

12 MILE FUN INTRO RIDE: Start time is 8:00 AM and the purpose is to have Fun ! All Riders will Vet-in on Saturday morning before their start time, as well as Vet-in upon completion. The 12 mile ride is designed to be completed in 5 hours elapsed time. Riders under 16 years of age must wear a helmet and be accompanied by a competent adult. The 12 mile ride does not require an AERC Membership. A completion award will be given to each pre-registered participant who completes the ride. You have the option of vetting in on Friday night prior to the ride.

LIMITED DISTANCE 30 MILE RIDE: Start time is 7:00 AM. The 30 mile ride must be completed in 7:15 hours. You will have a required vet check with a 1 hour hold time. Your time does not stop when you cross the finish line. Your time stops when your horse's heart rate meets the finish criteria of 60 beats per minute. Completion awards will be given to pre-paid entries.

55 MILE RIDE: Start time is 6:00 AM. The 55 mile ride must be completed in 13:15 hours. You will have one required vet check with a 1 hour hold time. Completion awards will be given to pre-paid entries.

MEALS: Friday night dinner is included in the entry fee for all pre-registered entries. Saturday fruit & veggie snacks will be provided for Pre-registered 55 milers. Saturday Salad-Pizza is optional for \$12 per person for pre-registered entrants. Volunteers get all meals FREE.

CLOSEST SERVICES:

FUEL: Silver Saddle Center 928-527-1672 9001 US-89, Flagstaff AZ 86004.

GROCERIES: Safeway 4901 N, US-89, Flagstaff AZ

FEED STORE: Olsen's Grain 928-522-0568 2250 N. Steves Blvd, Flagstaff AZ

RESTAURANT: 2 Bar 3 Historic Restaurant & Saloon 5877 Leupp Rd, Flagstaff
6 miles south on Leupp Rd. 928-526-5388 Closes 9 PM

EQUINE CENTER: Aspen Vet Clinic 928-526-2423 7861 US-89 Flagstaff AZ

FRIDAY, JUNE 7, 2019

12:00-6:00 PM: Registration/Rider Packet Pick up

2:00-6:00 PM: Vet check-in: No vet check in on Saturday Morning, no exceptions.

6:30 PM: Free Dinner for all pre-registered participants

7:00 PM: Ride Meeting & New Rider Briefing

SATURDAY, JUNE 8, 2019 "Tentative Ride" Times

6:00 AM: 55 Mile Start

7:00 AM: 30 Mile Start

8:00 AM: 12 Mile Fun/Intro Ride Start (VET-IN Prior to Starting Ride)

FOLLOW US ON FACEBOOK:

<https://www.facebook.com/groups/1630052857124100/>

Circle one: 12 mi Ride / 30 mi LD / 55 miles Endurance

2019 FLAGSTAFF MONSOON FEVER

HORSE INFORMATION

Horse Name: _____ Horse AERC# _____
Horse AHA# _____ Breed: _____
Age _____ Sex _____ Color _____ Horse Owner: _____
Horse Owner AERC# _____

RIDER INFORMATION

Rider AERC# _____ Is this your first competitive ride? _____
Name: _____ Cell Phone# _____
Address: _____ City/State/Zip _____
Email: _____
Emergency Contact Name: _____ Cell # _____

JUNIOR RIDERS: All junior riders must wear a helmet at all times while on an equine as well as ride with an adult sponsor. Those junior riders who qualify to ride without a sponsor must have appropriate paperwork from AERC. Junior riders will receive a \$20 discount to the 30 mile LD and the 55 mile endurance.

AGE: _____ **Birth-date:** _____ **Sponsor:** _____

WEIGHT DIVISION: (with tack & gear) _____ Junior (16 & under)
_____ Lightweight (161-185 lbs) _____ Featherweight (up to 160 lbs)
_____ Middleweight (186-210 lbs) _____ Heavyweight (211 + lbs)

ENTRY FEES (90% refund up until May 10)**

_____ 12 Mile FUN RIDE non AERC	\$ 50.....	\$ _____
_____ 30 Mile Limited Distance Ride	\$100.....	\$ _____
_____ 55 Mile Endurance Ride	\$125.....	\$ _____
_____ Non-AERC Fee for 30/55 miles (AERC Rider# _____)	\$ 15.....	\$ _____
- _____ JUNIOR RIDER DISCOUNT (deduct -\$25 from entry fee)	\$ -25.....	\$ _____
_____ Sat. PM Healthy Salad Bar & Pizza (per person)	\$ 10.....	\$ _____
_____ EXTRA Friday Night Taco dinners (one included in entry)	\$ 12.....	\$ _____
_____ ENTRY FEE received after May 25 pay additional	\$ 40.....	\$ _____
	TOTAL PAYMENT	\$ _____

MAIL-IN ENTRY: Please mail your entry (or scan and email) and make checks payable to Ride Manager www.paypal.me/bonmiller (use friends & family option to avoid fees):
Bonnie Miller, 120 Horseback Ln, Sedona, 86351. Information: bonnie@bonmiller.com
Message, Text: 928-202-2517

AERC Sanctioned Ride 12/30/55 Miles

Flagstaff Monsoon Fever, June 8, 2019

PARTICIPANT RELEASE FORM

I wish to enter and participate in the Flagstaff Monsoon Fever ride to be held on Sat. June 8, 2019. I have read and understand the rules, conditions and regulations of this event and I hereby promise to comply with them.

In consideration of acceptance of my entry in this endurance ride, I acknowledge that I assume full responsibility for my own safety. I hereby, for myself, my heirs, and my personal representatives, release any persons and AERC organization and members from all liability for personal injury or property damage arising from any cause whatsoever, including the negligence of the persons released, and I hereby waive any right I may have now or in the future to assert claims for personal injury or property damage against any of the persons or corporations, heirs, and assigns from liability for personal injury and property damage, and I waive my rights for claims for personal injury or damages against these persons or corporations including: AERC, Bonnie Miller, USFS, ride participants and all ride staff, including but not limited to Ride Managers, Ride Veterinarians, and Ride Volunteers. I HEREBY certify that I fully understand that there are substantial risks associated with activities involving horses and endurance riding, and hereby freely assume the risk and costs that I or my assistants may suffer from personal injury or property damage, including damage or injury to my horse, myself, or themselves by my participation in the vent or events named above.

Date: _____

Participant Name: _____ **Signature:** _____

Emergency Contact: _____ **Cell Phone#** _____

Minor Release: MINORS MUST HAVE THE FOLLOWING SECTION SIGNED BY THEIR PARENT OR GUARDIAN IF UNDER 18 YEARS OF AGE

We, the undersigned parent or guardian of _____ for and in consideration of our child's participation in the above referenced ride, do hereby release the following persons, corporation, heirs and assigns from liability for personal injury and property damage, and I waive my rights for claims for personal injury or damage against these persons or corporations including: AERC, USFS, Bonnie Miller, and all persons under such child's direction and control. We do further authorize any officer, manager, supervisor, or emergency personnel affiliated with the above referenced ride, to consent in our behalf to any emergency medical treatment by a properly licensed person that may be required for our child, and do agree to be responsible for any related medical costs that may be incurred for the treatment of my child or their horse.

Name of Junior rider: _____ **AGE** _____

Birthdate: _____

Parent/Guardian Name: _____

SIGNATURE: _____

VOLUNTEER SIGN-UP

Want to be involved in the sport and yet won't be riding ? We would love to have you help us behind the scenes !!! Please check all that you would be most interested in.

TRAIL MARKING on your horse or 4X4 (and un-marking)

Thurs, June 6 Fri, June 7 Sat, June 8 Sun, June 9 Mon, June 10

ARRIVALS, FRIDAY, JUNE 7

Parking Host Registration Water & Hay Delivery (drive truck) Info Host
 Horse Numbers Vet Scribe Sandwich Maker Smart Phone Photos
 Shuttle driver Set up Camp Fire Chief Misc helper
 AERC exper. Veteran willing to speak at ride meeting for "green beans" or educational info

RIDE DAY, SAT, JUNE 8

Start Gate Monitors 5:10-8:30 am Smart phone photos In & Out Timers
 Master Timer Sandwich Maker Vet Scribe Pulse takers
 Emergency horse-trailer driver Food Runner Truck delivery misc
 Vet Runner Water Hay Monitor Shuttle Driver
 Gate Monitor 8:30-noon Gate Monitor 12-3:00 PM

POST RIDE HELP: Trail ribbon removal, trash pick-up, tables/chairs pick-up, clerical emails.



Please Contact
Bonnie@BonMiller.com

Educational links

What is an endurance ride? <https://www.youtube.com/watch?v=Zrg-9c47v2Q>
How to check a horse's pulse rate: <https://www.youtube.com/watch?v=vqdTKb248Pg>