

**Lead Follow or Get out of My Way  
@ McDowell Mt. Park  
Saturday, November 9, 2019  
AERC Sanctioned Ride 30, 50 & 75  
Also a 12 mile Intro/Fun ride  
The ride will be limited to 150 riders/entries.**



Photo by Susan Kordish

**Ride Manager: Stephanie Palmer-DuRoss 602-770-5534 e-mail- [luv4riding@aol.com](mailto:luv4riding@aol.com)  
Assistant Ride Managers: Taylor Pashong-Walck and Barbara Ann Clausen  
Control Judges: Mark Anderson DVM, Bradley Scott Houser DVM, Peggy Brosnahan DVM**

**Entry:** The ride is limited to 150 riders. We request entries and payments to be postmarked no later than Friday November 1st, 2019. There will be a \$25.00 late fee for entries postmarked after November 1st. We are offering a \$20.00 discount for junior riders (**does not apply to fun ride**). There is an additional fee of \$15.00 for Non-AERC members.

**Cancellation Policy:** Cancellations prior to 5:00 pm Monday November 4<sup>th</sup>, will receive a full refund. Cancellations after 5:00 pm Monday November 4<sup>th</sup> will be charged an administration fee of \$25.00. A no show- no call, will not receive a refund. Once the applicant starts the ride, the entry fee is not refundable. Ride Manager must be notified of cancellation by the start of the ride or no refund will be issued. Please allow 7-10 business days after the ride for a refund to be returned.

**Trails:** The McDowell Mountain Park trails are multi-use, well maintained with mostly good footing and minimal elevation changes. Each distance will travel through some rocky stretches as well as sand washes. We do recommend hoof protection. The 30 and 50 mile rides will have 1 vet check with a 1 hour hold in basecamp. The 75 mile ride will have 2 vet checks with two 1 hour holds in basecamp. All vet checks will be at base camp. We will designate a crewing area for riders that do not want to go back to their trailer during the hold.

**Campsite:** Base camp is easily accessible and fairly large, but with a 100 + riders it does tend to fill up. To ensure adequate parking for all, please use parking space wisely. There is horse water available for hauling, Park restrooms, and showers, but no RV hook ups. Pick up your manure, shavings and hay from your campsite. Dumpsters are available on site. Your campsite must be left spotless.

**Park Fee:** The daily park fee is \$7.00 per vehicle or \$22.00 for overnight camping paid directly to McDowell Mt Park at entry. New this year is Park restrooms and showers in basecamp.

**Location:** The Park is located at 16300 McDowell Mountain Park Dr.MMRP, AZ 85268

**Limited Distance:** 7 hours and 15 minutes are allowed for completion of the Limited Distance ride. Your time does not stop when you cross the finish line. Your time stops when your horse's heart rate meets the finish criteria of 60 beats per minute.

**12 Mile Fun Ride/ Intro ride:** The 12 mile ride offers an opportunity for new comers to learn about Endurance. You will get to go thru the process of vetting your horse before and after your ride. Vetting will be available Friday 2:00 pm to 5:00 pm or Saturday 7:30am – 8:00am the day of the ride. The 12-mile ride must be completed in 5 hours elapsed time. Riders under 16 years of age must wear a helmet and be accompanied by a competent adult.

**Junior Riders:** All junior riders must wear a helmet at all times while on an equine and ride with an adult sponsor. Those juniors who qualify to ride without a sponsor must have appropriate paperwork from AERC.

- Junior riders will receive a \$20.00 discount (**does not apply to fun ride**).

**Rules and Regulations:** This ride will be conducted in accordance with AERC: [www.aerc.org](http://www.aerc.org)

**Ride Photographer:** Susan Kordish and John Kordish

We are very fortunate to have local Equine Photographer Susan Kordish and John Kordish again to photograph our ride this year. She has been a photographer for over 20 years. Through the years she has learned to “see” through the lens and transform her images into the work of art they become. Susan does freelance work for a number of equine magazines and submits images to other magazines and online competitions. She also participates in juried gallery shows here in Arizona and shoots equestrian events. Susan has had four Endurance News covers since 2011. Susan's ride photos can be viewed and purchased at [www.azcowgirlphotography.com](http://www.azcowgirlphotography.com) her email is [azcowgirlphotographyllc@gmail.com](mailto:azcowgirlphotographyllc@gmail.com) Susan Kordish PO Box 204 Skull Valley, AZ 86338.

**Sponsors:** Once again with our sponsors **Renegade Hoof Boots** “The World's Highest Performing Hoof Boots, Made in the USA” we will be having a boot Raffle. Tickets will be available for purchase for \$5.00 each or 6 for \$25.00. The boot raffle will be Friday night after the ride meeting. For more information about Renegade Hoof Boots go to [Renegadehoofboots.com](http://Renegadehoofboots.com)

**Meals:** We will provide dinner for all of the endurance riders on Friday November 8, 2019, during the ride meeting. (Meals do not apply to crew, if you would like to purchase a ticket for your crew please let us know by Monday November 5<sup>th</sup>. there will be a \$10.00 fee.)

**Awards:** A completion award will be given to each participant who completes the ride including the Fun/Intro riders. We also have Top Ten, Junior, and Turtle awards for the 50 and 25 mile ride. Please make sure you pick up your awards, we will not be mailing them out after the ride.

**Dogs:** All dogs must be on a leash at all times. Please pick up after your dog. **NO DOGS ALLOWED ON THE TRAIL.**

**Weather:** The weather for this time of month averages between 70 degrees and 90 degrees.

**Sunrise:** 7:02am      **Sunset:** 5:32pm

**Mail entry form, signed release and payment to:**  
Stephanie DuRoss 18109 E Cherry Hills Pl Queen Creek AZ 85142 email [luv4riding@aol.com](mailto:luv4riding@aol.com)

**PayPal payments are accepted if you use the friends and family option to avoid extra fees added to the ride for this convenience. Use your checking account and it is free for everyone or you can use your credit card and pay the fees on your end. Send PayPal payments to:**

**[luv4riding@aol.com](mailto:luv4riding@aol.com)**

### **Tentative Ride Schedule:**

#### **Friday, November 8th**

**12:00pm-4:00pm Registration/Rider Packet Pick Up**

**2:00pm-5:00pm: Vet check-in (There will be no vet checks on Sat. morning no exceptions)**

**5:00pm: Dinner, Ride Meeting, Renegade Raffle & New Rider Briefing.**

There will be important information for riders to know prior to the ride on Saturday so please plan to attend the ride meeting.

#### **New Rider Briefing**

There will be an experienced local Endurance rider to provide information and will be available for questions immediately following the ride meeting Friday evening. If you are new to the sport, please plan on attending this briefing.

### **Tentative Ride Times**

#### **Saturday, November 9th**

**6:00am: 75 mile start**

**6:30am: 50 mile start**

**7:00am: 30 mile start**

**7:30am: Vetting for 12 mile fun riders only (that didn't vet in Fri)**

**8:00am: 12 mile fun ride start**

**Directions:**

From East-Take highway AZ-87 to E. Shea Blvd, left onto E. Shea Blvd to N. Fountain Hills Blvd, go right; continue onto E. McDowell Mountain Rd (8 miles).

From North-Take I-17 to AZ-101 go East, turn left onto E. Shea Blvd, continue to N. Fountain Hills Blvd, go left, continue E. McDowell Mountain Rd (8 miles).

From South-Take AZ-202, to AZ-101 N. to Shea Blvd, go right onto E. Shea Blvd, to N. Fountain Hills Blvd, go left; continue to E. McDowell Mountain Rd (8 miles).

Follow us on Facebook: <http://www.facebook.com/LeadFollowOrGetOutOfMyWayEnduranceRide>



# Lead Follow or Get out of My Way @ McDowell Mtn. Park

Saturday, November 9, 2019  
AERC Sanctioned Ride 30, 50 and 75 Miles  
And a 12 Mile Intro/Fun Ride

**(Ride will be limited to the first 150 riders/entries)**

## **Rider Information:**

Rider AERC No: \_\_\_\_\_ Is this your first competitive ride? \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Cell Phone No: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact:

Name: \_\_\_\_\_ Phone No: \_\_\_\_\_

Junior Riders: All junior riders must wear a helmet at all times while on an equine and ride with an adult sponsor. Those junior riders who qualify to ride without a sponsor must have appropriate paperwork from AERC. Junior riders will receive a \$20.00 discount (does not apply to fun ride).

Age: \_\_\_\_\_ Birth-date: \_\_\_\_\_ Sponsor: \_\_\_\_\_

## **Weight Division:**

- Junior (16 & under)       Featherweight (up to 160 lbs)       Lightweight (161-185 lbs)  
 Middleweight (186-210 lbs)       Heavyweight (211 + lbs)

Ride Distance: (Please circle one)      12-mile intro/fun ride      30-mile ride      50-mile ride      75-mile ride

## **Horse Information:**

Horse Name: \_\_\_\_\_ Horse AERC No: \_\_\_\_\_

Breed: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Color: \_\_\_\_\_

Horse Owner's Name: \_\_\_\_\_ AERC No: \_\_\_\_\_

**Payment Information:**

Entry Fee: (Please circle one) 12-mile- \$50.00 30-mile- \$103.00 50-mile- \$123.00 75-mile-\$143.00  
(Includes \$3.00 new additional AERC drug testing fee)

- AERC Non-Members must add \$15.00 to each distance for single event ride (**does not apply to fun ride**)
- Attention junior riders you will receive a \$20.00 discount. (**does not apply to fun ride**)
- Entries postmarked / received after November 2nd, will be charged a \$25.00 late fee.

<b>Entry Fee: 12-mile-\$50.00 30-mile-\$103.00 50-mile-\$123.00 75-mile-\$143.00</b>	\$ _____
Entries post marked / received after November 1st, will be charged a \$25.00 late fee	\$ _____
AERC Non-member fee add \$15.00 ( <b>does not apply to fun ride</b> )	\$ _____
Junior Riders \$20.00 discount ( <b>discount does not apply to fun ride</b> )	\$ _____
Renegade Boot Raffle tickets \$5.00 each or 6 for \$25.00, _____ # of tickets	\$ _____
Extra meal tickets for Friday night dinner \$10.00 (let us know before Monday Nov 4 <sup>th</sup> )	\$ _____
Total Due	\$ _____

Circle one    Cash    Check    PayPal

**Mail entry form, signed release and payment to:**

Stephanie DuRoss  
18109 E Cherry Hills Pl Queen Creek Az 85142  
Phone (602)770-5534  
[Luv4riding@aol.com](mailto:Luv4riding@aol.com)

**PayPal payments are accepted if you use the friends and family option to avoid extra fees added to the ride for this convenience. Use your checking account and it is free for everyone or you can use your credit card and pay the fees on your end. Send PayPal payments to: [luv4riding@aol.com](mailto:luv4riding@aol.com)**

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**“Please help ride management and pre-register”**

## Lead Follow Or Get Out Of My Way Ride At McDowell Mt Park

### November 7<sup>th</sup> 8<sup>th</sup> 9<sup>th</sup> and 10<sup>th</sup> 2019 Volunteer sign-up sheet

We need YOU!!!! Dependable Volunteers are the key to keeping our sport alive. This ride cannot happen without them. Below is a list of spots available. Please fill out, email or call me if you can help in any way. We need people for all these areas, this will directly impact the future of this ride. **Please include name and contact information.**

Trail marking and un-marking

November 7<sup>th</sup> \_\_\_\_\_

November 8<sup>th</sup> \_\_\_\_\_

November 10<sup>th</sup> \_\_\_\_\_

Vetting in Friday November 8<sup>th</sup>

Horse numbering 1:00 pm- 5:00 pm (1/2 people) \_\_\_\_\_

Vet Scribe 1:00 pm – 5:00 pm (3 people) \_\_\_\_\_

Ride day November 9<sup>th</sup>

Check point Dixie Mine 6:50 am-9:15 am (one Person) \_\_\_\_\_

Check point Maintenance Shed 7:45 am-2:00 pm (two people) \_\_\_\_\_

Check point Maintenance Shed 1:45 pm – 8:00 pm (two people) \_\_\_\_\_

Check point Pemberton road 7:00 am – 2:00 pm (1/2 people) \_\_\_\_\_

Check point Pemberton road 4:00 pm -10:30 pm (1/2 people) \_\_\_\_\_

Base Camp: (please circle where interested)

In Timer Out Timer (2/4 people) 8:00 am - 5:00 pm (experience needed)

\_\_\_\_\_  
P & R In Time Slip Vet Scribe 8:00 am – 5:00 pm (experience helpful)

\_\_\_\_\_  
Volunteer lunch maker and delivery (1/2 people) 8:30 am- 4:00 pm \_\_\_\_\_

Water trough and checkpoint refill (Driver's license needed) \_\_\_\_\_

\*Disclaimer just because you sign up for a spot does not mean that is where you will be. We will do the best we can to put you where you want to go but may have to adjust depending on where needed and circumstances as they arise\*

Please contact Stephanie DuRoss [luv4riding@aol.com](mailto:luv4riding@aol.com) or 602-770-5534

# Lead Follow or Get out of My Way

**@ McDowell Mt Park**

**Saturday November 9, 2019**

**AERC Sanctioned Ride 30/50/75 Miles**

**And a 12 Mile Fun/intro Ride**

## Participant Release Form

I wish to enter and participate in the Lead Follow or Get out of My Way ride to be held on November 9, 2019. I have read and understand the rules, conditions and regulations of this event and I hereby promise to comply with them.

In consideration of acceptance of my entry in this endurance ride. I acknowledge that I assume full responsibility for my own safety. I hereby, for myself, my heirs, and my personal representatives, release any persons and McDowell Mt Park from all liability for personal injury or property damage arising from any cause whatsoever, including the negligence of the persons released, and I hereby waive any right I may have now or in the future, to assert claims for personal injury or property damage against any of the persons or corporations, heirs, and assigns from liability for personal injury and property damage, and I waive my rights for claims for personal injury or damages against these persons or corporations including: McDowell Mt Park, AERC, and all ride staff, including but not limited to Ride Manager, Ride Veterinarians, and Ride volunteers. I HEREBY certify that I fully understand that there are substantial risks associated with activities involving horses and endurance riding, and hereby freely assume the risk and costs that I or my assistants may suffer from personal injury or property damage, including damage or injury to my horse, myself, or themselves by my participation in the event or events named above.

Date: \_\_\_\_\_

Participant Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Telephone No: \_\_\_\_\_

### **Minor Release:**

MINORS MUST HAVE THE FOLLOWING SECTION SIGNED BY THEIR PARENT OR GUARDIAN IF UNDER 18 YEARS OF AGE.

We, the undersigned parent or guardian of \_\_\_\_\_ for and in consideration of our child's participation in the above referenced ride, do hereby release the following persons, corporation, heirs and assigns from liability for personal injury and property damage, and I waive my rights for claims for personal injury or damage against these persons or corporations including: McDowell Mt Park, AERC, and all persons under such child's direction and control. We do further authorize any officer, manager, supervisor, or emergency personnel affiliated with the above reference ride, to consent in our behalf to any emergency medical treatment by a properly licensed person may be required for our child, and do agree to be responsible for any related medical costs that may be incurred for the treatment of my child or their horse.

Name of Junior Rider: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Signature: \_\_\_\_\_