



2019 AERC Endurance 201 Clinic

When: Saturday, September 28, 2019, 9 AM - 4 PM

Where: 412 Copperhead Lane
Winchester, VA 22602

What: An outdoor, demonstration style, hands-on clinic for people who would like to learn more about the sport of endurance riding. It will be geared toward riders new to the sport, either contemplating trying it or in their first season or two of competition. Topics covered will include how an endurance ride is run, conditioning for horse and rider, camping with your horse, how the vet check works, crewing at a ride, tack and equipment, trailer safety and many more tid-bits of useful information.

The format will be primarily stations dedicated to each of the topics, with participants rotating through the stations. You may bring your horse if you would like to practice taking him through the vetting procedure. There will be a marked "sample" endurance trail (4-5 miles) which you can ride if you'd like to see the type of terrain to expect and how your horse handles hills, streams, bridges, rocks and other obstacles. (A very limited number of experienced endurance horses will be available to borrow if you can't bring a horse of your own. Please contact Karen Wade in advance to arrange this.)

Organizers/Facilitators: Assorted members of the Old Dominion organization.

Directions and Schedule: See separate pages.

Lunch: Please bring a bag lunch. We will provide drinks and snacks.

Cost: \$20 per person.

Make checks payable to Old Dominion Equestrian Endurance Organization, Inc.

Please send a separate registration form for each participant.

Pre-registration and payment are required so that we know how many to plan for.

Parking: Will be in a large field. If you bring your horse, he will need to stay at your trailer during the unmounted portion of the clinic. You may arrive Friday PM and/or stay Saturday night if you would like to camp with your horse.

Farm Rules: No smoking except in your vehicle. **NO** dogs! (Our dogs will be tied during the clinic.) Helmets required while mounted.

Any questions, please contact Karen Wade at kew@shentel.net or (540) 877-2371.



Registration Form: Endurance 201

Saturday, September 28, 2019

NAME: _____

MAILING ADDRESS _____

E-MAIL ADDRESS _____ **PHONE** _____

How did you hear about this clinic? _____

Your age (optional if over 18!) _____

Your goals for the clinic (check all that apply):

- Learn about endurance rides (AERC) and see if they are for me/my horse
- Learn the skills to prepare me for my first season or two of competition
- Learn about endurance riding as a cross-training activity for my sport horse
- Figure out how to resolve some issues I am having with conditioning or competing

Tell us more about your goals:

Are you hoping to compete in an endurance ride?

- I have no idea if I'll be ready, but hope to learn about that
- Yes, I hope to get to do an AERC LD (25/30 mile) or ECTRA CTR ride
- Yes, I hope to compete in AERC Endurance (50 or more miles)
- No, I'm just hoping to learn the ropes but don't plan to compete

Tell us about the horse you'll be working with:

Breed _____ Age _____ Gender _____ Height _____

Prior training/experience _____

What is your riding background? (trail riding, dressage, showing, western, hunter/jumper, eventing, etc.)

How long have you been riding? _____ Will you be bringing your horse? _____

Mail registration form, \$20 clinic fee (payable to ODEEO), and current Coggins (if bringing a horse) to:

Karen Wade, 412 Copperhead Lane, Winchester VA 22602

2019 OD Clinic Liability Release

This release must be signed and returned with your clinic registration form. No cross-outs or additions are permitted.

As a participant in a clinic sponsored by the Old Dominion Equestrian Endurance Organization, Inc., I agree to abide by the rules of AERC and the Old Dominion Equestrian Endurance Organization, Inc.

In consideration of permission participate in the Old Dominion clinic, I do hereby for myself, my heirs and assigns, release and hold harmless ride management, ride personnel, all property owners over whose land the ride both encamps and crosses, Old Dominion Endurance Rides, Inc., AERC, their agents, officers, servants, employees and officials, from all claims, demands, actions and causes of action of any kind, for injury or death sustained by me or my horse, and damage to my property incurred during this ride, arising from negligence or any other fault. "Clinic" includes from the time I and my horse arrive at the clinic location until the time that we leave the premises, as well as the actual event. "Horse" means the animal(s) I am riding, driving, or have entered.

I understand that horseback riding is an inherently dangerous activity and am aware that 1) the clinic may involve being in areas far from communications, transportation, medical and veterinary assistance; 2) that these areas have many natural and man-made hazards, which clinic organizers cannot anticipate, modify, or eliminate; 3) that both my own horse and those of other participants can be excitable, difficult to control and unpredictable, and can panic, bite, rear, kick, strike, stumble or fall; 4) that as a result of participating in the clinic, I or my horse may be injured, die, or my property be damaged.

I agree to take full responsibility for myself and my horse and for any other party or animal that accompanies me; I recognize that the clinic may be a strenuous activity and I represent that I and my horse are in adequate physical and mental condition to participate. I recognize that my participation in the clinic is voluntary.

I HAVE READ AND UNDERSTAND THE ABOVE LIABILITY RELEASE, AND AGREE TO BE BOUND BY AND COMPLY WITH ALL THE ABOVE TERMS AND CONDITIONS.

Rider Name: (Print) _____

Rider Signature: _____ Date: _____

Horse Owner's Signature: _____ Date: _____
(if horse is not owned by rider)

(Information below for Junior riders under age 18 only)

Junior Rider Age _____ Birthdate _____
Parent/Guardian Signature _____