One benefit of AERC’s virtual convention is that you can participate in the live broadcasts, or watch at a later time, if that is more convenient. We’ve built in plenty of time for you to shop and interact with convention exhibitors (and maybe get a bite to eat in between all the convention activities)!

Seminars are scheduled for 45 minutes, with time afterward for follow-up questions.

**Saturday, March 6**

**How Your Body Works With Your Horse**
with Stephanie Seheult, DPT
8:00 AM EST • 5:00 AM PST
Repeated at 11:00 AM EST • 8:00 AM PST

Start your day with rider body awareness. This session is an introduction to how to synchronize yourself and your horse, from a physical therapy perspective. Dr. Seheult will also lead you in some active stretches designed specifically for riders.

**Thumps and Other Electrolyte Problems**
with Langdon Fielding, DVM, MBA, DACVECC, DACVSMR
12:30 PM EST • 9:30 AM PST

Electrolyte imbalance can cause many issues, including thumps, aka synchronous diaphragmatic flutter. Dr. Fielding will share the latest research into electrolyte problems, factors that can contribute to thumps, and how to prevent imbalances.

**Riding for Your Climate Conditions**
with Melissa Ribley, DVM
2:30 PM EST • 11:30 AM PST

With extensive experience as a rider and vet, Dr. Ribley will share best practices for making each ride successful for your horse (and you), no matter the weather. Dr. Ribley will teach you to better care for your horse in all kinds of conditions.

**Find and Make a Good Endurance Horse**
with Nick Warhol
4:30 PM EST • 1:30 PM PST

Learn what to look for when horse shopping, and why building and developing your horse is often better than just going out and buying one. Nick will share how to spot greatness in an endurance horse (it may be the horse you already own).

**AERC Regional Awards**
with AERC Directors
7:00 PM EST • 4:00 PM PST

With a breakout Zoom room for each of AERC’s nine regions, members and friends are invited to participate in this year’s regional award winners. You’ll be able to chat live as AERC directors honor the 2020 winning equines and riders.

**Sunday, March 7**

**An Exercise Routine Geared for Riders**
with Stephanie Seheult, DPT
8:00 AM EST • 5:00 AM PST
Repeated at 11:00 AM EST • 8:00 AM PST

Here is a workout routine designed just for endurance riders. Troubled by knee and back pain? Dr. Seheult will help you discover ways to strengthen surrounding muscle groups so you stay in the saddle, happily, for many years to come.

**Wound Care on the Trail**
with Dean Hendrickson, DVM, MS, DACVS
12:30 PM EST • 9:30 AM PST

What’s the best way to treat an equine injury? Dr. Hendrickson will let you know the latest in wound care research, and will also cover how to talk to your veterinarian so you understand both initial and follow-up treatment recommendations.

**The State of Equine Drug Testing**
with Heather Knych, DVM, MS, PhD, DACVCP
2:30 PM EST • 11:30 AM PST

As the equine pharmacologist at UC Davis’s K.L. Maddy Equine Analytical Pharmacology Lab, Dr. Knych is one of the country’s foremost experts in equine drug testing. This seminar is highly recommended for all competing distance riders.

**What to Watch for – Before Your Ride**
with Langdon Fielding, DVM, MBA, DACVECC, DACVSMR
4:30 PM EST • 1:30 PM PST

Research studies show that some problems that occur during the ride may be problems before the ride begins. Low-level diseases (e.g. respiratory infections) or dehydration during transport can be significant problems. Here’s how to arrive at a ride with the healthiest horse possible.

**AERC National Awards**, with AERC Directors
7:00 PM EST • 4:00 PM PST

Find out who will be named as AERC’s coveted Hall of Fame person and equine. Also announced: Pard’ners Award and other annual prizes, including breed awards. We’ll also draw the lucky winner of the Freeform Saddle drawing at this time.
Seminar Presenters

**Langdon Fielding**  
DVM, MBA, DACVECC, DACVSMR  
Well-known to endurance riders for his research into electrolyte and fluid therapy and the author of more than 30 research publications, Dr. Fielding is a graduate of UC Davis School of Veterinary Medicine, and board certified both Veterinary Emergency and Critical Care and Veterinary Sports Medicine and Rehabilitation. A rider who first completed the Tevis Cup 100-mile ride at age 17, Dr. Fielding is currently a partner at Loomis Basin Equine Medical Center in Northern California.

**Dean Hendrickson**  
DVM, MS, DACVS  
Dr. Hendrickson earned his Doctor of Veterinary Medicine degree at Colorado State University in 1988, and a Masters from Cornell in 1992. He is a professor of equine surgery at the James L. Voss Veterinary Teaching Hospital. Dr. Hendrickson is board-certified by the American College of Veterinary Surgeons, and has invented an artificial skin product for students to practice on called SurgiReal. His research interests include laparoscopic surgical approaches, wound healing and pain relief.

**Heather Knych**  
DVM, MS, PhD, DACVCP  
A Professor of Molecular Biosciences at the California Animal Health and Food Safety Lab, Dr. Knych is Equine Pharmacology Section Head at the K.L. Maddy Equine Analytical Pharmacology Laboratory, where AERC’s drug tests are run. Both her PhD and DVM degrees were awarded from U.C. Davis, and she is a Diplomate of the American College of Veterinary Clinical Pharmacology. Her current research focuses on pharmacokinetics/pharmacodynamics, drug metabolism and biomarkers.

**Melissa Ribley, DVM**  
With 22,790 endurance miles, including 12 Tevis Cup completions, Dr. Ribley is a highly experienced rider. Now that she and husband Robert have relocated from California to Florida, she has also gained a hands-on understanding of riding in conditions ranging from cold and snow to hot and dry – and hot and humid – and everything in between. Dr. Ribley has served as a control judge at hundreds of rides, is past Chair and longtime member of the AERC Veterinary Committee, and co-managed the 2019 AERC National Championships.

**Stephanie Seheult, DPT**  
Dr. Seheult graduated with her Doctorate of Physical Therapy and Bachelors of Health Science from Loma Linda University in 2008. Because she is also an equestrian, she has been able to combine her passion for fitness, health and alignment with her passion for horses. She is the owner of Ride Advanced Physio, based in Southern California, and works with equestrian athletes at clinics and shows around the U.S. “My hope is to be able to help riders improve their body awareness, balance and strength,” she says.

**Nick Warhol**  
In his 29 seasons of endurance riding, Nick has completed more than 13,000 miles—5,840 of them with Forever Dawn GA (Donnie). Together Nick and Donnie earned both Decade Team and the 2018 Pardn’ers Award. Nick also rode 2,700 miles with AERC Hall of Fame Equine Zayante. There have also been 19 other horses he has ridden in competition, some fantastic, some OK, and some just not suited to the sport. A tireless ride volunteer, Nick has also run successful endurance clinics near his ranch in Northern California.